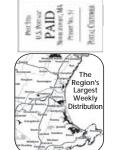
# The Iown Common



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Wednesday, January 22, 2025 - Vol. 21, No. 13

## Rowley Search for New Police Chief Begins

By Stewart Lytle, Reporter

ROWLEY - The process for selecting a new, permanent police chief to replace Chief Scott Dumas has begun.

But unlike the process the town used to choose Dumas, the SelectBoard last week voted three to one not to use an outside consulting firm to identify candidates.

The reason: the selectmen believe the town does not have the \$10,000 to \$15,000 it would cost to hire an outside search firm.

Selectman Bob Snow said it may be hard for residents to believe that the town cannot find \$10,000 out of a \$2 million budget to help fill such an important position. But he said, "I'm very, very concerned about the things that need to be done in town, and I just don't see we have the money to do this."

Chair Christina Kneeland agreed, "We do not have the money to outsource this process."

In the past, the SelectBoard has found its police chiefs both ways. The board hired an outside firm to assist in the screening process when it hired Dumas. But it handled the screening process inhouse when it hired Chief Robert Barker.

Selectman Clifford Pierce thought the expense could be off-set by the \$4,500 in the donated police fund.

The board of selectmen will create a preliminary screening committee composed of chairs of the personnel advisory committee chair, finance committee and a selectman. The screening committee will review applications and select several candidates for a preliminary screening interview in an executive session.

Acting police chief Stephen May is expected

Continued on page 3



Groveland's Langley-Adams Library (Photo provided by Michael Dempsey

## Groveland Library Gets New Furniture

By Michael Dempsey Special to The Town Common

**GROVELAND** – Patrons of Groveland's Langley-Adams Library are enjoying new

There are now modern square tables with dark blue laminate tops and new matching dark blue comfortable chairs making work and study much more pleasant. Also, six comfortable lounge chairs replaced the worn-out and saggy couches. This creates more seating for library patrons and two conversation tables complete the upgrade. The Langley-Adams Library Board of Trustees allocated trust fund monies to make this improvement possible. The young adult section of the library is slated to receive a furniture upgrade in 2025. The library staff and trustees welcome the public to come, view, and use the brand-new furniture.

Learn more on the What's Up Groveland TV show broadcast on the first of the month at 7:00 pm on Comcast Channel 22 in Groveland. The show repeats regularly during the month. It can also be found on YouTube on the Groveland TV channel. ◆



Portsmouth, NH Air Patrol Open House



Aaron T Stephan's submission Sail Trace (Photo provided by Kimberly Turner)

## Newburyport Sculture – Blending History, Clipper Ships, and Abolitionists

By Stewart Lytle, Reporter

**NEWBURYPORT** – The city expects this spring to install Sail Trace, a tall clipper ship sculpture, in Market Landing Park on the Merrimack River waterfront.

Designed and created by Portland, Me. sculptor Aaron T Stephan, the art work, chosen by the city's Public Art Committee from 20 entries, is likely to be the city's signature sculpture on its popular waterfront

Stephan proposed and the committee agreed last week to enhance the metal sculpture with a quotation by 19th century writer and anti-slavery leader Frederick Douglass:

Alas! betwixt me and you, the turbid waters roll.

The sculpture and the quotation by Douglass seem fitting for the principal waterfront art work.

For

Sale

Page 7

Help

Wanted

Page 7

Starting this summer, it will be viewed by thousands of visitors to the park as they walk only yards away from "turbid waters" of the river. The clipper ships, which were built in Newburyport waterfront shipyards, was so important to the city's history that it serves as the Newburyport High School's mascot.

A quotation from Douglass also fits well with the city's commitment to its African American history, including its role in opposing slavery. A few blocks away in Brown Square in front of City Hall is a statue of William Lloyd Garrison, the Great Liberator, born in Newburyport, who helped launch Douglass' career.

It also blends well with the Newburyport Black Initiative (NBI), a program designed to educate 21st Century visitors and residents about the city's black history. That history includes a plaque to African American seamen, who probably sailed on the clipper

Continued on page 4

Services,

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Page 7

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Classified

Ads

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#### How to Submit Letters to the Editor

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Marc Maravalli, B.S., R.Ph. Publisher/Editor, The Town Common

Letters to the Editor provide a useful way of communicating concerns, issues, or suggestions to all members of the community.

The Town Common encourages all citizens to submit letters concerning issues of interest and concern to the local community.

Letters selected for publication may be edited for length and clarity. Some letters may serve as a catalyst for other articles or coverage, and community leaders and agencies will be offered an opportunity to respond to letters concerning their areas of responsibility.

All letters must be signed and include a daytime telephone number.

Letters may be submitted to:

The Editor c/o The Town Common 77 Wethersfield St. Rowley, MA 01969 or preferably via e-mail to: editor@thetowncommon.com.

The Town Common deadline is 5pm Wednesday (except when a federal holiday necessitates an earlier deadline).

The Town Common serves the communities of the Upper North Shore of Mass. & Coastal New Hampshire and welcomes your participation. Send your Organization or Group Notices, Birth or Engagement Announcements, Photos, Articles and Letters to the Editor, by mail, phone, or e-mail to: 77 Wethersfield St., Rowley, MA 01969 Phone: 978-432-9669 E-mail: news@thetowncommon.com

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In loving memory of Liz Ichizawa, '04-05 Reporter (1956 - 2005) Jim Wilson, '20-22 Publisher/Editor (1954-2022)

#### Charles T. Davis August 11, 1943 - December 8, 2024

Charles Thomas Davis, formally of North Revere, MA, and Rowley, MA, passed away on Sunday, December 8, 2024, at River Terrace Healthcare Center in Lancaster, MA. He is predeceased by his wife Patricia (Cosgrove) Davis.

Charles (Tommy) grew up in North Revere and was the son of Thomas and Ruth (Cassidy) Davis. He was a graduate of Revere High Class of 1961 and was employed at the United States Postal Service in Malden, MA. He was also the owner of Village Antiques in Rowley.

He is survived by his daughter, Brenda Lynn Davis, of Leominster, MA, his sister Ellen and brother-in-law, Peter Kettle of Fitchburg, MA, Wayne Davis and his late wife Alberta of Andover, MA, Melita Davis of Fitchburg, MA, and Andrea McManus and her late husband Robert of Saugus, MA. He is also survived by six nieces and nephews and nine great nieces and nephews.

A Memorial Service is planned in the Spring for Charles and his wife Patricia.

Donations may be made to The ARC of North Central Massachusetts, 564 Main Street, Fitchburg, MA 01420, c/o Rose Kelley. (Arcofoportunity.org).

To light a memorial candle or to leave a message of condolence, please visit www. fsrobertsandson.com.

Arrangements entrusted to F. S. Roberts & Son Funeral Home of Rowley.



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23	Thu	6:08	7.5	6:42	6.4			12:37	1.0	7:04	4:46	0
24	Fri	7:02	7.6	7:39	6.4	12:45	1.5	1:34	0.9	7:03	4:47	0
25	Sat	7:55	7.7	8:33	6.5	1:38	1.5	2:28	0.7	7:02	4:48	
26	Sun	8:46	8.0	9:24	6.6	2:30	1.5	3:18	0.5	7:01	4:50	
27	Mon	9:34	8.3	10:11	6.9	3:19	1.3	4:05	0.2	7:00	4:51	
28	Tue	10:20	8.6	10:55	7.2	4:06	1.0	4:49	-0.1	6:59	4:52	
29	Wed	11:05	8.9	11:39	7.6	4:52	0.6	5:32	-0.5	6:58	4:54	
30	Thu	11:50	9.1			5:38	0.3	6:15	-0.7	6:57	4:55	•

### Janice M. Hilton

Janet M. Hilton, devoted wife, mother and grandmother, passed away peacefully at home in Georgetown, MA, on January 16, 2025, at the age of 74, surrounded by her loving family. Janet was the wife of retired Lynn firefighter George Hilton.

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Janet was born on January 11, 1951 to William E. Byrne and Marie (Atkinson) Byrne in Newton, Massachusetts.

She is survived by her loving husband, George Hilton; her son, Michael Beirne (Karin) of Granbury, Texas; George's daughter, Rachel Dulong (Dan) of Lynn; George's son, Josh Hilton (Beth) of Danvers; grandchildren, Samantha,



Bobby, Holly, Annabelle, Gwen, Abby and Harrison; brothers, William E. Byrne, Jr. (Kelly) of Newton, Kevin Byrne (Laureen) of Sudbury, Thomas Byrne of Newton, James Byrne of Sandwich, John Byrne (Kellie) of Sudbury, sister, Patricia Floyd (David), of South Carolina, and several nieces and nephews.

Janet had pride and integrity in everything she did; and she did a lot. She was a registered nurse and fought with passion to help nurses unionize in the early 1980s. Janet then became an attorney and advocated for those in need. In the late 1980's, she opened a nursing staffing company. She switched gears again in the early 2000's to the real estate market as an agent, broker and proud broker owner of Country Crossroads Realty in Rowley, MA.

Through all of her adult life she lifted the spirits of friends, family and strangers alike with a beautiful and powerful singing voice. Janet could grab any microphone at any moment and belt out any tune to any sized audience, who were all left in awe. She embodied the best of qualities: unconditional love, strength of spirit, and an unending generosity that could be seen in her care for her family and friends. She touched many lives and the world will be a little less bright without her in it. Janet lived life on her terms and did it her way. She will be deeply missed.

Private services will be held.

Arrangements entrusted to Solimine Funeral Homes, Lynn.



Marian Anderson Performing in Constitution Hall, 1943 (Photo Provided by DAR)

## DAR Marian Anderson Legacy Scholarship Accepting Applications, Apply by Jan. 31

WASHINGTON – Undergraduate in music. and graduate students studying music can apply for the DAR Marian Anderson a Legacy Scholarship through January 31, 2025. Sponsored by the National Society Daughters of the American Revolution (DAR), the scholarship provides a one-time \$5,000 award to one student annually who is pursuing undergraduate or graduate study

Marian Anderson (1897-1993) was groundbreaking African American contralto and an inspiration for civil rights. "This scholarship pays tribute to Marian Anderson's life, and the Daughters of the American Revolution seeks to honor her legacy through today's aspiring musicians.

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## Seacoast Composite Squadron of Civil Air Patrol in Portsmouth to Host an Open House on Feb. 6th

PORTSMOUTH, NH - You are invited to come to the Seacoast Composite Squadron Open House on Thursday, 6 February 2025, beginning at 6:30 P.M., at the Service Credit Union, 3003 Lafayette Road, Portsmouth,

Civil Air Patrol (CAP) is an all-volunteer

auxiliary of the United States Air Force. The Portsmouth Squadron was founded in 1941 and is the longest continuously Operational CAP Squadron in New Hampshire. The Squadron meets on Thursday evenings on the Pease ANG Base.

Civil Air Patrol members

range in age from 12 to 18 years old for Cadets and 18 and older for Senior members. All members may participate in the three primary missions of CAP: Search and Rescue, Aerospace Education, and Cadet Programs.



# Civil Air Patrol

Among their many activities, CAP Cadets are eligible for 5 flights in powered aircraft, during which they will have the

opportunity to fly the airplane with an instructor. They will also have 5 flights in a glider, where they will, again, have the opportunity for hands-on flying with an instructor.

Cadets can also participate in areas such as Squadron Color Guard, drill team, ground team search and rescue, building and

testing a wind tunnel, aerospace education, leadership pods, and many more things.

Senior members can participate as aircrew members, ground search team search and rescue team leaders, and in many more activities such as leading and teaching in Cadet Programs. If a Senior Member is already a certificated pilot, he/she can become qualified in one of CAP's Cessna 182 aircraft as a pilot performing CAP missions. CAP pilots also have opportunities to participate in glider flights.

There will be displays at the Open House showcasing the many areas in which a CAP member may become involved, and many members of the Squadron will be present to show you their areas of expertise.

If you have an interest in aviation or in any of the other CAP activities, please be sure to come to our Open House on 6 February 2025. For more information: www.seacoast.cap.gov. ♦



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#### DAR Scholarship Continued from page 2

Her legacy lives on in others who aim for excellence in musical studies, are committed to their communities, and willing to stand up for what is right," said Pamela Wright, DAR President General.

Applicants should be accepted or currently enrolled in an accredited university or college in the United States and have a concentration in music in their course of study. Music performance, composition, theory, or education are all areas that students may be specialized in to qualify for the scholarship. They should have a minimum grade point average (GPA) of 3.0 on a 4.0 scale or the equivalent GPA on the scale used by the institution.

Applications require references sent through the application system, so students need to request their references ahead of the Jan. 31st application deadline.

In honor of Ms. Anderson's commitment to the community throughout her life and her willingness to share her incredible talent with the world, applicants are asked to write a personal statement describing their humanitarian or volunteer contributions on behalf of their community and/or country.

To recognize the city Marian Anderson called home, preference will be given to students from the Philadelphia, Pennsylvania metropolitan area, even if they are not pursuing music studies in the Philadelphia

This scholarship is not automatically renewed. However, recipients may reapply for consideration each year for up to four consecutive years.

The scholarship is supported by the Daughters of the American Revolution's Marian Anderson Legacy Fund. Learn more about the relationship between Marian Anderson and the DAR, and the organization's on-going efforts to honor her memory at www.dar.org/MarianAnderson •

#### Rowley Begins Search for New Police Chief

Continued from page 1

to conduct reference and background checks. The committee will refer the top candidates to the SelectBoard, which will hold public interviews and select a finalist.

May is expected to leave in August. Clerk Deana Ziev, who is married to the police captain, did not participate in the discussion or vote.

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#### Newburyport Sculpture Continued from page 1

ships built here.

From Douglass's Narrative of the Life of Frederick Douglass, the national abolitionist leader who escaped from slavery in Maryland and lived in Massachusetts and New York, wrote: "You are loosed from your moorings, and are free; I am fast in my chains, and am a slave! You move merrily before the gentle gale, and I sadly before the bloody whip! You are freedom's swift-winged angels, that fly round the world; I am confined in bands of iron! O that I were free! O, that I were on one of your gallant decks, and under your protecting wing! Alas! betwixt me and you, the turbid waters roll. Go on, go on. O that I could also go! Could I but swim! If I could fly! O, why was I born a man, of whom to

Aaron T Stephan creates his art in a studio

two blocks from Portland's working docks. In an interview last year, Stephan attributed his walks around the docks to his inspiration to create a tall clipper ship sculpture for Market Landing Park.

Born in Springville, NY, Stephan works in sculpture and mixed media, according to his web site, aarontstephan.com. The sculpture will be erected in one of the park's most prominent spots off the new bike trail that links the two sections of the Clipper City

"I am really excited about this project," Stephan said.

The Public Arts Committee is composed of Peter Carzasty, Paula Estey, Katherine Moran, Shanna Sartori, Cynthia Schartman, Kim Turner and Nichole Whelan. City Planning Director Andy Port, who oversees the entire park development, is coordinating the project. ♦

## Newbury First Parish Food Bank – Making Good Choices

By Ava Moeckel, Reporter

NEWBURY - First Parish Food Bank patrons were greeted last Friday with a new labeling system on the food packages they received designed to encourage them to make healthier eating choices.

In a new program with the Massachusetts General Hospital (MGH) and the Boston Food Bank, the Newbury food bank is labeling most packages with green, yellow or red stickers. Like traffic lights, green signifies a good selection, the food in a yellow label should be eaten occasionally or in, and items with a red label probably contain lots of sodium or other ingredients that are less healthy and should be avoided.

The food bank is the only one in the region

Choose Often

Choose

Sometimes

participating in the labeling program. "We feel good about that," said Glenn Holt, a volunteer who is helping run the labeling

In the food bank's online ordering system, 70 to 80 percent of the donated food products were labeled to help patrons know how much saturated fat, sodium and added sugars they contain. It is similar to a system used in Europe to encourage healthier eating, Holt said.

MGH and the Boston Food Bank are collaborating on the two-year labeling project to determine if the green, yellow and red labels will educate patrons of the food bank about healthy eating.

As part of the program, MGH researchers interviewed half a dozen volunteers among

Choose Rarely

Un-Ranked



the food bank clients to determine what choices they made in the ordering system. Included was a finger monitor to test how much carotin, which is created by the amount of vegetables a person eats, was in their system.

Last year, the Newbury food bank provided food for 34,620 family members, a 25.7 percent increase over 2023, and picked and packed 64,222 bags of food, a 17 percent increase over 2023. Its guests, who have transportation issues, received 8,978 food orders, an increase of 20.5 percent, the food bank reported.

For more on the First Parish Food Bank or to order food for next week, visit www. newburyfoodpantry.org. ◆





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## Fall 2024 College Honor Students

Bate's College Dean's List Mikaila Whitaker Bennett of Rowley Gabriella Bellacqua of West Newbury

**Brigham Young Univ. Honor Society** Ian Timothy of Newbury

Cedarville University Dean's List

#### Nikolas Morrissey of Hampton

Clarkson Univ. Dean's List Wesley Rollins of Byfield Dylan Tappendorf of Boxford Kyle Ventola of Groveland

Clarkson Univ. Presidential Scholar Jacob Thomas Shirley of Boxford

Husson University President's List Megan Dow of Seabrook, NH

#### Husson University Dean's List

Kaylee Higson of Georgetown Brianna Langlais of Bradford Gianna Simonelli of Seabrook NH Jaidyn Wallace of Seabrook, NH

Husson University Honor's List Jessica Brann of Groveland

#### Lasell University Dean's List

Ella Crudele of Ipswich Emma Fandel of Groveland Erin Berard of Bradford Casey Davis of Ipswich Jenna Wildman of Newburyport

Nazareth UniversityDean's List Cole Slimak of Georgetown

#### Roger Williams Univ. Dean's List

Erin Barry of Topsfield Gus Cordingley of Newburyport Michelle Daley of Groveland Parker Defeo of Newburyport Vincent Dicicco of Haverhill Jake Dupuis of Boxford Blakesson Flather of Boxford Dagim Janosky of Amesbury Jacob Kalil of Haverhill Haylie Kelter of Topsfield Katrina Savvas of Haverhill Cooper Swanson of Boxford Kyle Tarpy of Haverhill Chloe Tozier of Topsfield Holden Weese of Newburyport

#### Southern NH Univ. President's List

David Dorman of Seabrook Ava Faulkner of Seabrook David Plante of Seabrook Marissa Tomaras of Hampton

Dylan Macquade of Hampton Rachael Granigan of Hampton Camden Woods of Hampton Jacob Statires of Hampton Jason Sinclair of Rowley Colleen Jeffers of Rowley Jenesi Denver of Salisbury Gabrielle Lowry of Newbury Dominic Della Valle of Ipswich Cole Schildkraut of Boxford Maximilian Exter of Amesbury Jared Pender of Amesbury Karyn Wright of Amesbury Julianna Norvilus of Amesbury Maya Carney of Bradford David Tejada of Haverhill Celmarie Casanova of Haverhill Kate Osborn of Haverhill Daniel Giannatsis of Groveland Angelina Harrison of Groveland Anna English of Groveland Rondelle Mitchell of Georgetown Tyler Frazier of Georgetown

#### Southern NH Univ. Dean' List

Nathaniel Kaplan of Seabrook Hannah Allen of Seabrook Min Batchelder of Hampton Sarah Peirson of Hampton William Donald of Hampton Paul Lees of Rowley Joseph Hussey of Salisbury Angelica Phaneuf of Haverhill Nathan Angus of Haverhill

#### St. Lawrence University Honors

Cole Jacobsen of Newbury Vanessa Latam of Boxford Darcie McDonough of Rowley

#### University of Connecticut Dean's List Amesbury

Jack Nachtygal, Elin Pothier Beverly

Linnea Avola, Annalise Cormier, Mia Greenwald

Boxford Charlotte Hill, Emily Winslow

Jackson Annese, Sadie Bucco, Nicholas

Figueiredo, Lucas Landry, Olivia Viel, Kathleen Walfield

Essex

Katherine Kuhl

Georgetown

Nayla Anderson, Mia Ciaramitaro Gloucester

Edward Chmiel, Evelyn Ford Haverhill

Thanasi Dimopoulos Ipswich

Christopher Sindoni, Allison Waugh

Middleton Brady Pallotta

Newburyport

Hannah Cronin, Annika Park Peabody

Madeline Castro, Ava Maher

Aisling Hinchey, Caitlyn Mckiernan South Hampton

Geeta Puli

Topsfield

Alicia Donato

Wenham

Carolyn Romano, Cooper Soolman

#### Western New England Univ. President's List

Victoria Wilson of Merrimac

Western New England Univ. Dean's List Samantha Montecalvo of Haverhill Dalton Cronin of Newburyport

#### Worcester Polytechnic Institute Students Complete Intensive Research Projects

Callahan from Aidan Massachusetts, class of 2025, majoring in Business, completed a project titled History of Business Education at WPI.

Gabriel Olafsson from Boxford, Massachusetts, class of 2026, majoring in Computer Science and Data Science, completed a project titled Romani Resistance Day Showcase.

James Robie from Ipswich, Massachusetts, class of 2026, majoring in Mechanical Engineering, completed a project titled The Future of Enviornmental Collaboration.

#### Regis Women's Soccer Complete 2024 Season

The 2024 Regis Women's Soccer team advanced to the GNAC Quarterfinals before falling to top-seeded Johnson & Wales. Regis posted a 10-8-4 record, its fourth straight winning season and the seventh time since 2012 that the Pride have won ten or more matches in a single season.

This year's squad featured Aleyo Amasa-Titus of Georgetown, a graduate of Triton Regional, majoring in Social Work.

This year's squad featured Janet Amasa-Titus of Georgetown, is a graduate of Triton Regional, majoring in Business Management.

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#### **Upcoming Events**

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THE DEMON BARBER OF FLEET STREET SCHOOL EDITION

#### SUNDAY Feb 2nd and THURSDAY Feb 6th Byfield: TTS Players Open Auditions

TTS Players will be holding open auditions for their upcoming spring production of Sweeney Todd the Demon Barber of Fleet Street (School Edition) at the Byfield Community Arts Center 7 Central St. Byfield.

The Auditions are open to all area youth ages 11-18 and will be held on Sunday, February 2nd 5:30pm-7:30pm and Thursday Feb 6th 6:30pm-8pm.

The show will be directed by Dylan Prime and choreographed by Keira Cooper.

Auditions will consist of readings from the script. Those auditioning for a lead roles should prepare 16 bars of a favorite song and provide their own backing tracks to gauge vocal range.

Rehearsals will be held Sundays 5:30pm-7:30m and Thursdays 6:30pm-8:30pm.

The performances dates are May 30, 31 and June 1.

Auditions, rehearsals and performances will be held at the Byfield Community Arts Center Byfield, Mass. For more info contact TTS Producer Mike Fay at (978) 476-6053 or e-mail coachmikefay@gmail.com. Please "like us" on facebook at TTS players for updates.

#### SATURDAY Feb 8th

#### Georgetown: Community Pasta Supper for Our Neighbor's Table

The First Congregational Church of Georgetown is sponsoring a free community pasta supper on Saturday, February 8th, from 5 to 7pm. All are welcome to enjoy baked ziti, linguini and meatballs, bread, salad, dessert and beverage at the church, located at 7 Andover Street,

A free will offering will be collected with the proceeds to benefit Our Neighbors' Table, a food pantry that serves the greater Amesbury/ Newburyport area. If people are so inclined, they can bring personal items such as shampoo, soap, toothpaste and toothbrushes, razors and deodorant which will also be collected for the community food pantry. We hope that everyone will come out to enjoy a great meal and support this worthy organization.

#### SATURDAY Feb 15th Haverhill: Reverand Robert B. Jones, Sr.

A pastor, a songwriter, a storyteller, a multi-instrumentalist, an award-winning educator with an encyclopedic knowledge of the history of African American folk music; that is the Reverend Robert B. Jones, Sr. He performs at the New Moon Coffeehouse on Saturday February 15th at 7:30 pm. The coffeehouse is in the Universalist Unitarian Church back door, 16 Ashland St, Haverhill MA. Admission to the show is \$25; \$15 for those ages 21 and under. Cash only. Tickets for this show are available at the door starting around 6:30; doors open at 7:00. Tickets may be reserved prior to the show by visiting www. newmooncoffeehouse.org.

Jones is a champion of American Roots music. He hails from Detroit bringing his famous mix of blues, personal stories and even a bit of music history "As much as I love this music for the way that it sounds, I love, even more, what this music can do. At its best, Roots music tells the truth, and it gives a voice to those who struggle to be heard otherwise. I am an activist, and I try to use my stories and music, not just for entertainment, but in service to my calling and my community and to connect the generations that I am blessed to live between," says Iones.

The New Moon Coffeehouse is a nonprofit, an all-volunteer organization dedicated to supporting and enjoying the creative talents of acoustic performers. The venue is handicap accessible. And there is plenty of free parking around the church. Before the show, and during

the intermission, delicious homemade desserts and hot and cold non-alcohol beverages are available for sale. Audience members also can buy merchandise from the artists and usually meet them in person. For more info, go to the NM website or call 617-327-0542. Do not call the church. ♦



## Transforming Care: Groveland's New Series Offers a Fresh Approach to Dementia and Aging GROVELAND - Dementia affects millions of lives, yet for

many, the journey begins with uncertainty and unanswered questions. A new educational series, Getting to Know Dementia, hosted by the Groveland Council on Aging in partnership with Monarch Care Partners, aims to shed light on this complex condition while offering tools for empowerment and connection.

Launching in January, the four-part series is designed for caregivers, families, and individuals curious about their own cognitive health as they age. It goes beyond understanding dementia, equipping participants with practical skills to navigate challenges and foster meaningful relationships.

"This series isn't just for caregivers," said Alyssa Lee, Director of the Groveland Council on Aging. "It's also for anyone who wants to learn more about how the brain changes with age and how to better connect with loved ones—or even prepare for their own aging journey. It's about building a foundation of knowledge and compassion.'

The sessions are built around the Positive Approaches to Care curriculum, a framework that emphasizes understanding the changes in the brain and body to foster effective communication and care. Each session stands alone but builds on the previous one, creating a comprehensive roadmap for those navigating dementia or interested in proactive education about cognitive

The Journey at a Glance:

- Class One: Normal vs. Not Normal Cognitive Change -Tuesday, January 28, 12:00 PM
- Class Two: What is Dementia? Tuesday, Feb. 25, 12:00 PM
- Class Three: Now What?!: Positive Approaches for Someone

Continued on page 8

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DIFFICULTY THIS WEEK: ♦ ♦ ♦ Challenging BOY! and the h column contains ach row across, each small 9-box square c numbers from c



ARIES (March 21 to April 19) It's a good time to take a much-needed break from your recent hectic schedule and spend some time in quieter surroundings. Important news could

arrive early next week.

TAURUS (April 20 to May 20) The
Taurean traits of reliability and thoroughness could be well-tested when
decision-makers consider your proposals and/or requests. Be prepared to

posais and/or requests. Be prepared to answer some probing questions. **GEMINI** (May 21 to June 20) A sudden attack of boredom leaves you with some tasks undone. It's OK to take a short respite, but get back to work by week's end so that you have time for other projects

work by week's end so that you have time for other projects.

CANCER (June 21 to July 22)

Avoid prejudging a situation just because it looks bad. Facts could emerge that can make your position uncomfortable, to say the least. Meanwhile, a relative has interesting news to share with you

while, a relative has interesting news to share with you.

LEO (July 23 to August 22) This is a good time to begin reassessing some of your recent decisions about your long-range goals to see if they still have merit. In addition, spend more time with loved ones this weekend.

VIRGO (August 23 to September 22) An unsettled situation at home or on the job early in the week could drain your energy levels, making it difficult to get your work done on schedule. But things improve by midweek.

week.

LIBRA (September 23 to October

22) A temporary setback could give you time to go over your plans to find weaknesses that you might have overlooked before. Also, a romantic getaway with a special person is favored this weekend.

SCORPIO (October 23 to Novem-21) Professional and personal situations benefit you once you set a positive tone in getting things off to a good start. Honest dialogue smooths over any occasional display of balki-

**SAGITTARIUS** (November 22 to December 21) A problem with workplace colleagues or family members seems to defy even your sage counsel. But be patient. Your words will eventually lead to a resolution.

CAPRICORN (December 22 to January 19) Don't just wait out an unexpected and unexplained delay in your career move. You could gain added respect if you ask why it happened and what you can do to move things along.

AQUARIUS (January 20 to February 18) Although your workplace strategies are usually accepted, you could be challenged by someone who isn't so favorably impressed. Be pre-pared to defend your positions.

PISCES (February 19 to March 20) Your friendship circle expands with new people coming into your life at this time. Welcome them warmly, but don't neglect cherished longtime personal relationships

BORN THIS WEEK: You love to search for knowledge and share it with others. You would make an especially fine teacher!

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#### **Super** Crossword ACROSS **51** Play 3 "- & Stitch" 1 Posh parties 6 Lumberyard spiritedly 52 People 4 In the center 89 Sty beasts of a vessel evaluating a central 90 Beachgoer's 5 Not religious tool 12 Rd. crossers headwear 91 Phase 15 Quick bite California 92 Occur next 19 Japanese city? 55 Wedding vow 56 Seder bread film genre 20 Mob code of 94 Tactful reply when 57 Makes public 58 Suffix with Churchill asked "Who silence — au vin dislikes me?'

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Cassidy 77 T. Rex, e.g.

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81 Longtime "Conan" airer

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82 Rocker

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(novel) **72** Caged (up) **73** "24" actress

65 Appliance invented by

- (chicken dish) million 22 Qualified 59 Has a feeling 23 Milk or egg container in 61 Shepherd of "Mr. Iglesias" a precinct refrigerator? **64** Conjunction
- 25 Volcanic event 27 Bible book
- after Genesis 28 Strike zones, to pitcher
- Kershaw? 30 Hefty slice 32 White-coated
- Scottish terrier. for short 33 Ohio city
- whose residents all have messy mop tops? 41 It merged
- with Exxon in 1999
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## chain, in brief

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61 Big name in

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**63** Bring to a

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January 22 - January 28, 2025 www.TheTownCommon.com Page 7



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#### LEGAL NOTICE NOTICE OF PUBLIC SALE

Notice is hereby given by Newburyport Towing Service, Inc. 27 S. Hunt Road, Amesbury, MA, pursuant to the provisions of Mass G.L c. 255, Section 39A, that they will auction the following vehicles February 6, 2025 on the website http://sta.ibidsmart. com. The auction will end at 1:00 pm and buyer registration is required. Those that do not sell at auction will be sold on or after February 6, 2025 by private or public sale to satisfy their garage keepers liens for towing, storage, and notices of sale:

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- 3. 2014 Toyota Avalon Hybrid VIN 4T1BD1EB8EU030985
- 1996 Fleetwood Trailer VIN 4CP642F19T7287698 2014 Ford Focus VIN 1FADP3F23EL152017
- 6. 2012 Nissan Versa VIN 3N1CN7AP9CL931402

Vehicles are being stored at Newburyport Towing Service and may be viewed by

Walter L. Lowell

1/15, 1/22, (1/29)

#### **BOXFORD CONSERVATION COMMISSION** NOTICE OF PUBLIC HEARING

You are hereby notified that a Public Hearing will be held by Zoom videoconference on February 6, 2025 at 7:00 PM or such other time when posted to consider the Request for Determination of Applicability by applicant Melissa DiTucci and Austin O'Connell for the property located at 5 King John Drive, Boxford: Map 20, Block 7, Lot 7 to remove and replace an existing bulkhead and stairs at the rear of the house within 100-feet of Bordering Vegetated Wetland.

The Zoom videoconference information will be posted on the Town website in advance of the meeting. This is a joint meeting under the requirements of MGL Ch. 131, Sect. 40, as amended, and Boxford's Wetlands Protection Bylaw and Regulations. To view application materials, call (978) 887-6000, ext. 506.

For the Commission,

Ross Povenmire, Director of Conservation

1/22

#### LEGAL NOTICE **ROWLEY CONSERVATION COMMISSION**

In accordance with the Wetlands Protection Act, Mass. G.L. 131, Section 40, as amended, and the Town of Rowley Wetlands Protection Bylaw, a remote public hearing will be held on Tuesday, January 28, 2025 at 7:45 PM to consider a Notice of Intent application filed by Susan Stone for proposed demolition and construction of a single-family dwelling, subsurface infiltrators, utilities and associated grading possibly in 200' Riverfront Area of un-named stream and the 100' Buffer Zone to Bordering Vegetated Wetlands at 793 Haverhill Street (Map 5, Parcel 101) in Rowley,

Daniel Shinnick, Chairman Rowley Conservation Commission

1/22

#### LEGAL NOTICE ROWLEY CONSERVATION COMMISSION

In accordance with the Wetlands Protection Act, Mass. G.L. 131, Section 40, as amended, and the Town of Rowley Wetlands Protection Bylaw, a remote public meeting will be held on Tuesday, January 28, 2025 at 8:00 pm to consider an Abbreviated Notice of Resource Area Delineation application filed by Ted Speros of Rowley Farms Development, LLC for proposed delineation of regulated wetland resource areas at 43/53 Daniels Rd (Map 8, Lots 50-51), 18, 36, 47, 48, 55, 56 and land off Silva Ln (Map 8, Lots 61, 61-A, 62, 62-B, 62-B3, 62-C, 62-D, 62-E, 531 Haverhill St (Map 8, Lot 62-A-2), land off Smiths Ln (Map 13, Lot 3), and at land off Daniels Road (Map 13, Parcel /Lot 4) in Rowley, MA.

Daniel Shinnick, Chairman Rowley Conservation Commission



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#### Dementia Series of Workshops

#### Continued from page 5

Living with Dementia - Tuesday, March 25, 12:00 PM

• Class Four: Caregiver vs. Care Partner: Making Meaningful Change – Tuesday, April 22, 12:00 PM

"Understanding what's normal and what's not as we age is empowering," Lee explained. "It gives people a starting point, whether they're concerned about a loved one, a neighbor, or even themselves. And it offers a chance to build confidence for the road ahead."

The final session focuses on shifting from the traditional "caregiver" role to becoming a "care partner," a perspective that emphasizes collaboration and connection. "It's a transformative way to approach caregiving," Lee added. "This series provides the tools and mindset to make that change."

**Event Details** 

- $\bullet$  Location: Groveland Town Hall, Center Meeting Room, 183 Main Street, Groveland, MA 01834
- Cost: Free and open to all
- RSVP: Call 978-372-1101 or email COA@grovelandma.com

Participants are welcome to bring their lunch, with coffee and water provided. While attending all four sessions is encouraged, participants may register for individual classes as their schedule allows.

For more information or to RSVP, please contact the Groveland Council on Aging at 978-372-1101 or email COA@grovelandma.com.

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