



How to Submit Letters to the Editor



Marc Maravalli, B.S., R.Ph. Publisher/Editor, The Town Common Letters to the Editor provide a useful way of communicating concerns, issues, or suggestions to

all members of the community. The Town Common encourages all citizens to submit letters concerning issues of interest and concern to the local community.

Letters selected for publication may be edited for length and clarity. Some letters may serve as a catalyst for other articles or coverage, and community leaders and agencies will be offered an opportunity to respond to letters concerning their areas of responsibility.

All letters must be signed and a daytime telephone include number.

Letters may be submitted to: The Editor c/o The Town Common 77 Wethersfield St. Rowley, MA 01969 or preferably via e-mail to: editor@thetowncommon.com.

The Town Common deadline is 5pm Wednesday (except when a federal holiday necessitates an earlier deadline).

The Town Common serves the communities of the Upper North Shore of Mass. & Coastal New Hampshire and welcomes your participation. Send your Organization or Group Notices, Birth or Engagement Announcements, Photos, Articles and Letters to the Editor. by mail, phone, or e-mail to: Wethersfield St., Rowley, MA 01969 Phone: 978-432-9669 E-mail: news@thetowncommon.com

The Town Common

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In loving memory of Liz Ichizawa, '04-05 Reporter (1956 - 2005) Jim Wilson, '20-22 Publisher/Editor (1954-2022)

James "Jim" L. DiMarino, Rowley, MA, passed away on Tuesday, June 4, surrounded by family and friends. He is survived by his loving wife of 48 years, Bonnie (Belmonte) DiMarino. Born 74 years ago in Lynn, he was the son of John and Helen DiMarino. He is survived by his brother John and sister Helen. He was predeceased by his sister Katy and brothers Paul and Joe. Jim is also survived by his precious German Shepherd, Valory who misses him dearly.

Jim was proud of his service in the US Army in the Vietnam Era. He earned his college degree with the GI Bill. He was employed in the electronic industry and then with the Massachusetts State Sex Offender Registry. Jim enjoyed

photography and fishing. He was an avid Ham Radio operator and enjoyed talking to his many friends worldwide. Jim was a Mason since 1977

Jim and Bonnie were history buffs, participating in the Bicentennial celebration as the defeated British. Their favorite vacation was touring Gettysburg. Jim loved the ocean, spending summer weeks on the Maine coast.

Family was important and he was the anchor of the family. He especially loved his nieces and nephews. Being a prankster and jokester, he made friends easily. Jim never outgrew his fascination with Halloween, and he passed that passion on with years of costume parties for his family and friends.

This spring, Jim had a wonderful time planning a surprise birthday party for Bonnie. Jim and Bonnie had also just celebrated their wedding anniversary by renewing their marriage vows. To all that knew Jim, he always ended the conversation with "God Bless".

Calling hours were held on Sunday, June 9, 2024, F.S. Roberts & Son Funeral Home, $1\bar{4}$ Independent Street, Rowley. Relatives and friends attended the funeral service on Monday, June 10th at 11 a.m., at Linebrook Church, Linebrook Road, Ipswich, MA. To light a memorial candle or leave condolences, please visit fsrobertsandson.com.



Groveland Council on Aging to Host 'EngAGEment Celebration and Symposium'

GROVELAND - The Groveland Council on Aging, under the leadership of Director Alyssa Lee, is excited to announce the upcoming "EngAGEment Celebration and Symposium." This free event is open to all residents and community members. Join the Groveland COA for a day of enriching activities, insightful discussions, and community connection.

Saturday, June 29, from 10:45 a.m. to 2:30 p.m.

Pentucket Regional High School, 24 Main St., West Newbury

The Groveland Council on Aging will be hosting the "EngAGEment Celebration and Symposium" to honor the wisdom and joys of aging, while also providing resources and insight to older individuals.

The event will feature a keynote address by renowned author Dr. Katharine Esty, who will share insights from her book "Eightysomethings," offering perspectives on finding unexpected happiness in aging.

Residents and community members will also have a chance to participate in engaging conversations and interactive workshops centered around various aspects of aging, including community living, caregiver support, understanding Alzheimer's and dementia, and exercise demos, empowering attendees with practical knowledge and tools for healthy living.

The event is free and lunch will be provided.

During the lunch break, attendees may network with peers and explore a vibrant resource fair featuring organizations including The Alzheimer's Association, Our Neighbors' Table, Veasey Park, The Langley-Adams Library, Veterans' Services, The Groveland Historical Society, and more.

"The EngAGEment Celebration and Symposium" is made possible through the generous support of title sponsor Nichols Village and in part from a grant awarded to the Massachusetts Association of Councils on Aging by the Massachusetts Executive Office of Elder Affairs.

Space is limited, so attendees are encouraged to RSVP to secure their spot for the full day. RSVP'd guests will receive a complimentary lunch and will be eligible for door prizes at the conclusion of the event. To RSVP call 978-372-1101, or visit: www.eventcreate.com/e/engagementgrovelandcoa2024.

13 Amesbury Locals Pedal **Toward Record-Breaking** 2024 Pan-Mass Challenge

On Saturday, August 3 and Sunday, August 4, 6,500 riders, including 13 residents from Amesbury, will participate in the milestone 45th Pan-Mass Challenge (PMC) with the goal of raising a record \$75 million for Dana-Farber Cancer Institute (Dana-Farber). This year, the PMC, which is Dana-Farber's largest single contributor, will cross \$1 billion in lifetime fundraising for the Institute.

"Thanks to the fierce determination of PMC riders, volunteers, donors and sponsors, I'm confident that this will be our biggest fundraising year yet," said Billy Starr, founder and executive director of the PMC. "We're well positioned to cross \$1 billion in total donations for cancer research and treatment since I founded the PMC in 1980 - I am looking forward to cycling alongside everyone on the road in August as we hit this momentous achievement together."

As the #3 top-grossing peer-to-peer fundraising organization in the country, the PMC donates 100 percent of every rider-raised dollar directly to Dana-Farber to support cancer research and patient care, accounting for 62 percent of the Jimmy Fund's annual revenue. For more than four decades, PMC funds have allowed Dana-Farber to achieve lifesaving clinical breakthroughs and advancements. In the last five years alone, Dana-Farber doctors and researchers have played a substantial role in developing more than half of all cancer drugs approved by the FDA.

Cyclists come together from all corners of the world to ride between 25 and 211 miles-6 countries and 44 states, territories, and districts-with one mission: to raise as much money as possible for Dana-Farber. Most participate in honor of a family member or friend fighting cancer, and nearly 1,000 riders and volunteers are cancer survivors or current patients, considered Living Proof® of the PMC mission. There are also 160 Dana-Farber employees committed to the cause as riders and volunteers, in some cases to fund their own cancer research.

The PMC is co-presented by the Red Sox Foundation® and M&T Bank. To make a financial contribution to a rider from your town or to register as a rider, visit www.pmc.org, or call (800) WE-CYCLE. Thank you to the following riders from Amesbury:

 Katherine Brown •Shea DiFazio •Kelly DiFazio Robert DiFazio Margaret McCarthy

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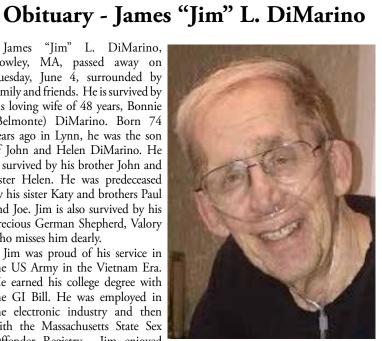
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•Aaron Millett •Michael Moses •Emily Olmstead •Robin Schell Patrick Tobin

•Silva Treiser Brown •Matthew Walsh •Christian Zielinski



Hiking New England Thursday, June 20 6:30PM at the Rowley Library

Join author Jeff Romano for a and conservation success stories. ideshow presentation highlighting Jeff Romano is a lifelong New slideshow presentation highlighting hiking opportunities throughout New England. The program will cover destinations in all six states with a focus on itineraries featured in his latest guidebook, an updated edition to 100 Classic Hikes New England (June 2023). Jeff will share advice, provide insights, and answer questions on how and where to plan your next hiking adventure. The presentation will also include information on New England wildflowers, birds, wildlife, history,

England resident who has been hiking for five decades. He is the author of four other guidebooks: Hike the Park Acadia (2021), Day Hiking New England (2015), 100 Classic Hikes New England, First Edition (2010), and Best Loop Hikes: New Hampshire's White Mountains to the Maine Coast (2006). Published by Mountaineers Books, these publications will be available for sale after the presentation. Jeff has also written numerous outdoor articles

the federal Economic Development

Administration and a \$1.3 million

state Seaport Economic Council

The Market Landing Park was

Committee, \$250,000 from the the park.

funded by a \$3 million loan from

grant.

the

for the Boston Globe and other publications.

When not hiking, Jeff directs public policy activities for Maine Coast Heritage Trust, a land trust that conserves and stewards Maine's coastal lands and islands. He lives in Hallowell, Maine with his wife, and shares his passion for the outdoors with his family, including his two adult children.

Registration is appreciated; visit www.rowleylibrary.org/calendar. The Rowley Library is located at 141 Main St. in Rowley.

Conservation and Recreation.

Dedication

Continued from page 1

Now that the construction fences are down, the added space will also be used for a pedestrian path that links the two sections of the Clipper City Rail Trail and Harbor Walk. Much of the \$6 million waterfront park will remain open for concerts and other live performances, yoga classes, picnics and weddings.

New sculptures are being planned as part of the park design by Boston-based Sasaki Associates. The latest sculpture was awarded last month to Portland, ME, sculptor Aaron T Stephan to create a clipper ship sculpture. Also in the works is a plaza dedicated to indigenous people, who once occupied the riverfront.

The bulkhead project funding and construction has taken about a decade to replace anchor bolts and mooring piles.

Senior Project Manager Georgie Vining, who oversaw the bulkhead repairs, believes the new \$5.3 million bulkhead will protect the park for years as the city copes with rising sea levels. With Moulton's help, the city received \$2.25 million in federal community project funding, plus \$1.75 million from

Classes

Continued from page 1

Patty St. John, the NACE director, pstjohn@newburyport.k12. at ma.us. to discuss. Proposals are due no later than June 21.

NACE is an entirely self-sustaining program that operates under the Newburyport Public School system, but receives no tax dollars. The majority of its budget comes from course fees, supplemented by individual donors and grants.

For more information, contact Patty St. John at 978-465-1257.

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Vehicle Day at the Georgetown Library

Thurs June 20 - 10AM to 12PM Georgetown Peabody Library 2 Maple Street, Georgetown, Mass. Come and explore the town chicles on the lawn. There ill be police cars, fire trucks, ucket trucks and much more! faple Street will be closed. 7e recommend parking at the corgetown Middle/High School and walking over. If it is raining, is program will be canceled.

Georgetown Library Summer Reading Programs

Mon. June 17 until Fri., Aug. 16 Georgetown Peabody Library 2 Maple Street, Georgetown, Mass. The Georgetown Peabody Library's Summer Reading Program has events, prizes, and fun for all ages! The program starts on Monday, June 17 through Friday, August 16. Check out our website for further information! www.georgetownpl.org

Ipswich River Watershed Association Awarded \$90,000 Cummings Grant

IPSWICH – The Ipswich River Watershed Association (IRWA) is one of 150 local nonprofit that will share in \$30 million through Cummings Foundation's major annual grants program. The Ipswich-based organization was selected from a total of 715 applicants during a competitive review process. It will receive \$90,000 over three years.

The Ipswich River Watershed Association (IRWA) is the voice of the Ipswich River. Our approach is to educate people young and old about the river and to engage and empower our full community to enjoy, restore, and protect it. Our mission is to ensure that there is enough clean drinking water for all people and

ecosystems that depend on the Ipswich River, now and for generations to come.

"The expansion of our education program is a key component of IRWA's mission to teach young people about the environ-



Homeschool students visit Ipswich River Watershed Association's "Floating Classroom"



5th grade Newburyport students learn what a watershed is

ment and their role in it. We are thrilled to receive a multi-year grant from the Cummings Foundation to support this work and to ensure that these programs continue into the future. We know that environmental education helps young people develop a sense of belonging to their environment and community; and that by loving their place, they feel responsible for its care, and we look forward to fostering the next generation of environmentally-minded community members" says Emma Hughen, IRWA's Environmental Educator.

These grant funds will support IRWA programming aimed at building a STEM workforce pipeline through leadership development and outdoor education to 3,500 youth annually in Essex County - including at minimum 50% BIPOC youth. Climate change adaptation, including water resource adaptation, is a growing career field that needs informed and motivated workers. This field also needs leadership that is widely representative of all people to ensure that the solutions we develop now and in



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the solutions we develop now and in the decades ahead are equitable. At the same time, youth need to grow up in conditions that help them become resilient, emotionally regulated, and confident so that they can succeed in school, pursue a fulfilling career path, and lift up their own communities.







By J. Peter St. Clair, DMD

Let's use this hypothetical situation: You have not been to a dentist in a while (pick a time frame), you are well aware you need some dental work, you were given the recommendation of a dentist by a friend.....and, you decide to visit that dentist and four other dentists to compare and make a decision who is the best fit for you. (I realize that most people don't want to and/ or don't have the time to visit five dentists....but play along).

You already have an idea of what you are looking for. It might be the dentist who says you need the least. It might be the dentist who is the cheapest. It might be the dentist who is closest to where you live. It might be the dentist who gives you the most options, or maybe the least. It might be the dentist who listens to you the best. Be prepared, because you are likely to hear a few different styles/opinions visiting five dentists.

Some practices may feel "clinical and efficient", while others feel somewhat more home spun and laid back. The dentist's personality and experience are reflected in his or her treatment preferences providers in our area. Think about

dentists will suggest different plans to treat your condition does not necessarily mean that one plan is better than another. Have an open mind and play an active role in the treatment planning process.

It is important to remember that there are numerous ways to treat the same situation, and it is always important for the dentist to tailor the treatment plan for each patient's specific circumstances. A major part of those circumstances may be financial, and since different treatment plans can vary a great deal in cost, it is important for the dentist to discuss costs and options for payment.

Think of treatment plans like various models of cars offered by different dealers. All of the models are new, have warranties and will work well out of the lot. The higher end models, however, have some advantages not found in the less expensive models. Some options add years to the life of the car. Some add to the appearance and enjoyment of driving it. Having said that, dentistry is not a commodity. There are many factors that need to be taken into consideration when choosing your provider or the treatment you choose for yourself.

What makes sense for you? What are your objectives? Saving a badly damaged tooth with a root canal and a crown may preserve it for a long time, but what are the circumstances of how the tooth got to that point? If you haven't been to a dentist in many years and have many other dental needs, does it make sense?

We have so many great dental



as well. The fact that different what you are looking for in a dental care team Read that list in the second paragraph again.

The focus should be on long-term objectives and prevention. If you are a regular dentist-goer and have a dentist you like, you're all set. If you haven't been in a while, consider making the decision to change how you look at your dental health. Start with finding a place that fits your particular needs, and make the commitment to make routine preventive dental care part of your life.

rive for constant improvement. Dr. St. Clair maintains a private dental practice in Rowley dedicated to health-centered family dentistry. He has a special interest in treating snoring, sleep apnea and TMJ problems. If there are certain topics you would like to see written about or questions you have please email them to him at jpstclair@stclairdmd.com





and who can help you

Session 1:Date has Passed Session 2: June 27 at 12 PM in Person Session 3: August 15 at 12pm In person Session 4: September 12 at 12pm in person

LOCATION: 461 BOSTON ST, SUITE B1, **TOPSFIELD, MA 01983**

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