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Wednesday Sept 13, 2023 Vol. 19, No. 46

FREE

Sip a Pumpkin Beer, Listen to Classic Rock

By Stewart Lytle, Reporter

TOPSFIELD -- If you enjoy Dunkin' Donuts' spice coffee, you may want to try True North Ale Co.'s Topsfield Fair Giant Pumpkin Ale in the Topsfield Fair's Beer Garden, especially while listening to the classic rock sounds of Starship, featuring Mickey Thomas and special guest Foghat.

True North Ale, voted Best Brewery on Boston's North Shore four consecutive years, was inspired to create the pumpkin ale by the Fair's Giant Pumpkin Weigh Off.

"A pumpkin beer is the perfect brew for the Topsfield Fair, as the Fair is world renowned for its Giant Pumpkin Weigh Off, with three world records and the world's first 1-ton pumpkin back in 2012," said Gary Rogers, founder and chief of True North's business operations.

It is the second year True North is partnering with the fair. Last year it helped kick off the inaugural year of the beer garden as its exclusive craft beer provider.

This beer is brewed with specialty malts for a rich, malt-forward sweetness, then dosed with pumpkin and spiced with cinnamon, allspice, nutmeg, ginger and clove. Sweet, savory and aromatic with notes of pumpkin pie and warm baking spice.

"We truly look forward to greeting guests at the Fair's Beer Garden with Topsfield Fair Giant Pumpkin Ale, a fall classic," said James O'Brien, the fair's general manager. "True North Ales is hyper local, right next door in Ipswich. The fair has actively promoted local business interests for more than 200 years."

The 205th fair runs from Sept. 29 to Oct. 9. America's oldest county fair was founded in 1818 by the Essex Agricultural Society. The Giant Pumpkin Weigh Off, one of the fair's most popular events, holds three world records and the world's first one-ton pumpkin.



Photo provided by True North Ale Co.

True North Ale Co.'s Topsfield Fair Giant Pumpkin Ale

After tasting the great pumpkin ale, don't pitch your empty can. The artwork on the can's label may be a collectors' item one day. It was created by noted Marblehead artist Amy Hourihan.

Packaged in kegs and cans, the ale will be available at the Topsfield Fair Beer Garden, at the 150-seat open-air and tented patios and 150-seat indoor seating True North Ales Taproom and in select stores in Essex County.

The Starship show, which is free with fair admission, is scheduled for the Grandstand Stage at 7 p.m. on Thursday, Oct. 5.

Starship, led by Mickey Thomas, has recorded three No. 1 hit songs including We Built This City, Sara and Nothing's Gonna Stop Us Now, one of rock music's recognizable songs.

"We are excited to bring this spectacular show to the Topsfield Fair," O'Brien said. "I expect that attendees will be jamming along in the grandstand to their hits all night."

Fair ticket prices are \$20 daily. Discount admission tickets, which are good any day during the fair's 11-day run, are available at www.TopsfieldFair.org for \$15.00 each plus a \$2.25 convenience fee per ticket. A three-day pass is available for \$42 plus a \$3.50 convenience fee. Children under eight with an adult are free with an adult admission ticket.

Essex Heritage Trails & Sails: 10 Days of Free Events

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ESSEX NATIONAL HERITAGE AREA

Long-standing program helps connect people to the incredible historic, cultural, and natural resources of the Essex National Heritage Area!

ESSEX COUNTY – Presented by Essex Heritage, Trails & Sails is an annual event series that features more than 150 free events over 10 days, this year held from Friday, September 15th through Sunday, September 24th. These events celebrate the many incredible historic, cultural, and natural resources in the Essex National Heritage Area: the 34 cities and towns of Essex County, a 500 square mile region just north of Boston, MA. Participants can visit the website to explore all events at www.trailsandsails.org or pick up a guidebook at one of the 13 Visitor Centers in Essex County, as well as in most local libraries.

Essex Heritage CEO, Annie Harris, said, "Trails & Sails was created 22 years ago to encourage residents to experience some of the wonderful trails, museums, historic sites, and water-based activities that abound in this region. All the events are free, so there is plenty of incentive for locals to visit these special places that they drive by every day."

Event participants can take advantage of a variety of family-friendly activities including bird walks, guided hikes, historical tours, book lectures, boat rides, river paddles, and more – happening morning, afternoon, and evening over 10 days. With so many things to do

Continued on page 3

Hot Sauce Helps Oceans

By Stewart Lytle, Reporter



Photo provided by Gabe DiSaverio

From left, Jen Kennedy, Gabe DiSaverio and Karen Provazza

HAMPTON, NH – New England Hot Sauce Fest weathered the threat of storms this summer to raise more than \$12,000 to help environmental groups' fight to protect New England's seacoast and ocean.

The festival, produced by Gabe DiSaverio, owner of the Spicy Shark sauces and foods in Portland, NH, is only in its second year, but drew 2,400 spice seekers to the Smuttynose Brewery here. On July 29, more than 35 hot sauce companies showcased their spiciest products to festival goers who savored diverse culinary dishes.

For next year, the festival has room to grow. The expanded field behind the brewery, where the festival was held, can now accommodate 4,200 people, DiSaverio said.

Heat 101's radio personalities, Bella and Dark, served as masters of ceremony for the event.

The festival highlight was the Pepper-X Duel Chip Challenging, featuring five hot sauce celebs locked in a spicy showdown. Onstage, Kris

Fragale (aka: The Scoville Unit), set a new world record by devouring 163 Pepper X Duel Chips in one hour. These chips, fueled by the world's hottest pepper, Pepper X, left everyone astonished, DiSaverio said.

In addition to food trucks serving spicy dishes as 1980s-style music played, contestants competed in several food-eating challenges, including pepper eating and a fiery hot-wing battle. Children enjoyed bouncy houses and face painting in an array of family-friendly activities.

Smuttynose Brewery's award-winning beer flowed from the on-site brewery. Other local sponsors, including Bangor Savings Bank, The City Beverage, Coca-Cola, Great Island Realty and Port City Veterinary Referral Hospital.

The one-day festival donated \$6,237 each to the Portsmouth-based Blue Ocean Society for Marine Conservation and the Seacoast Science Center, organizations dedicated to

Continued on page 3



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How to Submit Letters to the Editor



Marc Maravalli, B.S., R.Ph.
Publisher/Editor, The Town Common

Letters to the Editor provide a useful way of communicating concerns, issues, or suggestions to all members of the community.

The Town Common encourages all citizens to submit letters concerning issues of interest and concern to the local community.

Letters selected for publication may be edited for length and clarity. Some letters may serve as a catalyst for other articles or coverage, and community leaders and agencies will be offered an opportunity to respond to letters concerning their areas of responsibility.

All letters must be signed and include a daytime telephone number.

Letters may be submitted to:

The Editor
c/o The Town Common
77 Wethersfield St.
Rowley, MA 01969
or preferably via e-mail to:
editor@thetowncommon.com.

The Town Common deadline is 5pm Wednesday (except when a federal holiday necessitates an earlier deadline).

The Town Common serves the communities of the Upper North Shore of Mass. & Coastal New Hampshire and welcomes your participation. Send your Organization or Group Notices, Birth or Engagement Announcements, Photos, Articles and Letters to the Editor, by mail, phone, fax, or e-mail to: 77 Wethersfield St., Rowley, MA 01969
Phone: 978-432-9669
E-mail: news@thetowncommon.com

The Town Common

Marc Maravalli, Founding Publisher / Editor
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Liz Ichizawa, '04-05 Reporter (1956 - 2005)
Jim Wilson, '20-22 Publisher/Editor (1954-2022)

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ROWLEY BOARD OF HEALTH MULTI-VACCINE CLINIC SEPT. 28th

The Rowley Board of Health is sponsoring a vaccination clinic on September 28th, 2023, from 10:00 am to 1:00 pm at St. Mary's Church, 202 Main St in Rowley.

Vaccines available include Flu, RSV, Pneumonia, Tdap, Shingles, and the new COVID formulation. (Availability of the new COVID formulation is dependent upon the timeline of approval by regulatory authorities and the supply chain.)

The shots will be administered by Conley's drugstore personnel. Please bring your ID and Insurance cards, and preregister at <https://form.jotform.com/232224654635152>

LEGAL NOTICE NOTICE OF PUBLIC SALE

Notice is hereby given by Newburyport Towing Service, Inc. 27 S. Hunt Road, Amesbury, MA, pursuant to the provisions of Mass G.L c. 255, Section 39A, that they will auction the following vehicles September 14, 2023 on the website www.auctionsinternational.com. Those that do not sell at auction will be sold on or after September 14, 2023 by private or public sale to satisfy their garage keepers liens for towing, storage, and notices of sale:

1. 2002 GMC Sierra VIN 1GTHK29U32E190834
2. 2009 Chevrolet Equinox VIN 2CNDL23F896233886
3. 2003 Ford Mustang VIN 1FAPP42X63F341899

Vehicles are being stored at Newburyport Towing Service and may be viewed by appointment only.

Walter L. Lowell

8/30, 9/6, 9/13

LEGAL NOTICE NOTICE OF PUBLIC SALE

Notice is hereby given by Newburyport Towing Service, Inc. 27 S. Hunt Road, Amesbury, MA, pursuant to the provisions of Mass G.L c. 255, Section 39A, that they will auction the following vehicles September 14, 2023 on the website <http://sta.ibidsmart.com>. The auction will end at 1:00 pm and buyer registration is required. Those that do not sell at auction will be sold on or after September 14, 2023 by private or public sale to satisfy their garage keepers liens for towing, storage, and notices of sale:

1. 2004 Saturn Vue VIN 5GZCZ23D44S882781
2. 2007 Subaru Forester VIN JF1SG63617G711463
3. 2013 Hyundai Elantra VIN KMHD35LE8DU048045
4. 2005 Nissan Altima VIN 1N4BL11D15C345069
5. 2005 BMW 325 VIN WBAEU33485PR19976
6. 2006 Ford F-350 VIN 1FDWX37P96EB10630
7. 2011 Honda Fit VIN JHMGE8H59BS010398
8. 1998 Toyota Tacoma VIN 4TAWM72N1WZ106182
9. 2009 Saturn Vue VIN 3GSC153769S574820

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		AM	ft	PM	ft	AM	ft	PM	ft			
12	Tue	10:37	7.2	10:49	8.2	4:31	0.7	4:39	1.2	6:18	7:00	☾
13	Wed	11:18	7.4	11:31	8.2	5:13	0.6	5:21	1.0	6:19	6:58	☾
14	Thu	11:56	7.7			5:51	0.6	6:01	0.8	6:20	6:57	☾
15	Fri	12:10	8.2	12:32	7.9	6:26	0.5	6:39	0.7	6:21	6:55	☾
16	Sat	12:47	8.2	1:07	8.1	7:01	0.6	7:17	0.5	6:22	6:53	☾
17	Sun	1:25	8.2	1:42	8.2	7:35	0.6	7:56	0.4	6:23	6:51	☾
18	Mon	2:03	8.0	2:19	8.3	8:11	0.7	8:36	0.4	6:24	6:50	☾
19	Tue	2:43	7.9	2:58	8.4	8:49	0.9	9:20	0.4	6:25	6:48	☾

Trails & Sails

Continued from page 1

and see during Trails & Sails, there's something for everyone.

In 2023, Essex Heritage has identified four themes of significant importance to the Essex National Heritage Area including learning about where you live and taking care of it, the importance of our coastal resources and preserving them, recognizing the many influences and contributions of the Latino community within the Heritage Area, and new stories being uncovered in our local history. Helping to raise awareness about the important work being done by our regional partners is another way that Trails & Sails brings the community together. Some highlighted activities are included below.

Looking to the Future

The natural beauty of the Essex National Heritage Area is something to be cherished! During Trails & Sails, you can learn more about sustainability in Salem, explore along the Shawsheen river in Andover, meet forest creatures in Georgetown, take a guided fall hike in Lawrence, and more. There are so many ways to connect with the natural resources in Essex County and ensure they are here for generations to come.

Preserving Coastal Resources

With the impacts of climate change and other factors, it is more important than ever to learn about the many coastal resources of the Essex National Heritage Area and how we can protect them. During Trails & Sails you can identify marine invasive species in Gloucester harbor, take a walking tour of Newburyport's changing waterfront, or trek into the Great Marsh in Rowley to discover its superpowers.

Celebrating Hispanic Heritage

Trails & Sails falls during the first half of Hispanic Heritage month and is the perfect opportunity to learn more about the important contributions of the Latino community in the Essex National Heritage Area! Take a mural tour or a free salsa class in Salem, a cemetery tour in Spanish in Lynn, or check out the Hispanic Heritage Festival in Methuen. Join our partners throughout the county in celebrating the many Hispanic influences that make this region vibrant.

Sharing Untold Stories

Hear the lesser-known stories of Essex County during Trails & Sails! Visit a real Wetu in Gloucester, take a cemetery tour in Newburyport to learn about the lives of the Black Newburyporters who are buried there, be inspired by the trailblazing women of the American Revolution in Marblehead, and so much more. Telling the stories of all the people of the Essex National Heritage Area helps us to better understand its diverse history.

All Trails & Sails events are free, and most are available on a first-come, first-served basis except for certain reservation-required events. Be sure to visit trailsandsails.org for the most up to date information and instructions as applicable.

Hot Sauce

Continued from page 1

safeguarding the ocean for future generations.

"We're so grateful to have been a part of this hugely successful event," said Blue Ocean's executive director Jen Kennedy. "As we have learned all too well in recent years, a healthy ocean is important for us all to thrive. The funds raised will support our ocean conservation programs here in the Seacoast."

Blue Ocean Society is a nonprofit organization that works to protect marine life in the Gulf of Maine.

Seacoast Science Center is a nonprofit coastal and marine science education institution in Odiorne Point State Park in Rye, NH.

"We are honored to have been part of this fantastic event that helped shine a light on the importance of ocean health and marine wildlife conservation," said Karen Provazza, chief communications officer at

Seacoast Science Center. "The funds will help us expand our educational reach and fulfill our mission to inspire conservation of our Blue Planet. We've marked our calendars for next year's event and hope to see you there."

A fan of the movie Jaws since childhood, DiSaverio wants people to experience great hot sauce. Using some recipes from his New Jersey family, he opened The Spicy Shark and, as he describes it, "the feeding frenzy began in February 2019."

DiSaverio launched the Hot Fest because there was no such festival in New England. Promoting his Spicy Shark craft sauces and condiments, he had attended hot food festivals across the country and was surprised that there was not a hot food festival in New England. The festival is designed to promote Northeast spicy food vendors and raise money to protect his beloved sharks.

For more information, visit thespicyshark.com.

Fall Children's Programs at the Rowley Public Library

Weekly on Mondays, 9:30-10:30 AM: CFCE Community Playgroup

Rowley Public Library is proud to partner with Family Connections CFCE to bring you weekly playgroups with Miss Cindy! These playgroups are open to families with kids aged 0-5. Space is limited and registration is required. Please call (978) 948-2850 or email kids@rowleylibrary.org to sign up.

Weekly on Wednesdays, 9:30 AM – 10:00 AM: Bouncing Babies Story Time, birth to 3

Join us for a half-hour of songs, lap-sit activities, and stories! Bouncing Babies is for children and caregivers aged birth to 3 years. No registration is required!

Weekly on Wednesdays, 11:00 AM – 11:45 AM: Family Story Time & Craft, age 3+

Join us for songs, stories, and a craft! Family Story time is for children 3+ and caregivers. No registration is required!

For more information or to see a complete list of upcoming events, check our web site at www.rowleylibrary.org, or call (978) 948-2850.

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City of Newburyport Announces Resolution of Complaint Over Community Postings

NEWBURYPORT – The City of Newburyport announces that it has resolved a complaint filed by Citizens for Responsible Education, Inc., regarding posting of community events on municipal bulletin boards.

As a result, the City has revised its posting policy effective immediately. The new policy may be found here.

The City will pay Citizens for Responsible Education, Inc. \$10,000, which will be covered by the City's

insurance carrier.

In accordance with the resolution terms, Mayor Sean Reardon issues the following statement:

"In October 2022, I removed flyers from bulletin boards located in City Hall and the Public Library advertising an upcoming educational event being held by a community organization, Citizens for Responsible Education. Both the City's posting policy and my actions should have better promoted the constitutionally protected free speech rights of the posting entity. The City is revising its Community Posting Policy applicable to City bulletin boards to confirm that viewpoint discrimination plays no factor in regulating any content posted. The City of Newburyport and the Mayor's office value the First Amendment guarantee of free speech. The City acknowledges that citizens retain the right to express themselves in a public forum, within the confines of the scope of the First Amendment, as interpreted by our state and federal courts. The City may regulate postings on a municipal bulletin board which is open to the public, but acknowledges that postings may not be censored based on their content or the viewpoints expressed."



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PUBLIC HEARING NOTICE GEORGETOWN PLANNING BOARD

In accordance with the provisions of §165-83 - Site Plan Approval - of the Town of Georgetown Zoning Ordinance, the Planning Board will hold a public hearing in regard to a Site Plan application calling for the removal of the existing dwelling located at 188 E. Main St., Georgetown, and shown on the Town's Assessor Map 10 as Lot 09, and construction of a new 1-story 8,054 square foot daycare facility; other proposed improvements include: new landscaping, exterior lighting and stormwater control/infiltration infrastructure. The applicant/owner: Trembley Properties, LLC, 13 East Meadow Lane, Middleton, MA 01949. Said public hearing shall be held on 27 September 2023, starting at 7:00 P.M., and be conducted by the Georgetown Planning Board virtually in accordance with Chapter 20 of the Acts of 2021, which was extended on March 29, 2023 to March 31, 2025 by action of the General Court and enactment by Governor Healey.

Interested persons are invited to participate in the above-cited public hearing, via computer, tablet, smartphone by connecting to the following Zoom Meeting link: <https://us02web.zoom.us/j/87690894111>, Meeting ID: 876 9089 4111, (no passcode). Interested parties can also participate via telephone by calling 1 (312) 626-6799.

The above-cited remote meeting connection information will be included on the 27 September 2023 meeting agenda, which will be posted on the Town of Georgetown website no less than 48 hours prior to the meeting. Further, the meeting will be broadcast live on the Georgetown Local Access Cable TV Channel 9. Video recordings of this meeting, and all Georgetown Planning Board meetings may be found at www.georgetownma.gov, by choosing Cable TV option.

Full and complete copies of the above-cited Site Plan Approval application, together with the associated Plans, are available on the Planning Board's website, under Planning Board Projects – 188 E. Main St. Site Plan Application, and upon request by emailing the Town Planner at jcashell@georgetownma.gov or by calling the Planning Office at 978-352-5713. Any person interested in being heard on this application should appear at the time and place designated, herein. Please note, written correspondence will be accepted and read into the record of the hearing. Persons needing special accommodations should contact the Georgetown Planning Department at (978) 352- 5713.

John Cashell

Town Planner for Town of Georgetown 9/6, 9/13

PUBLIC HEARING NOTICE GEORGETOWN PLANNING BOARD

Notice is given that a continuation of the Planning Board public hearing shall be held in accordance with the provisions of Massachusetts General Law Chapter 41, Section 81T, §165-80.2 - Major Development Review (MDR) - of the Town of Georgetown Zoning Ordinance, on the Application of G. Mello Disposal Corp. 95 Tenney St., Georgetown, MA 01933, regarding the construction of a new solid waste transfer station, capable of processing and transferring up to 500 tons of solid waste materials per day, to be located off the northside terminus of Carleton Drive, shown on the Town's Assessor Map 15 as Lot 46, consisting of 14.6 acres, remotely, on Wednesday, September 27, 2023, starting at 7:00 P.M., in accordance with the Executive Order waiving certain provisions of G. L. c. 30A, sec. 20 during the COVID -19 pandemic, which was extended in 2021 and further extended on March 29, 2023 to March 31, 2025 by action of the General Court and enactment by Governor Healey. Interested persons are invited to participate in the above-cited hearing, via computer, tablet, smartphone by connecting to the following Zoom Meeting <https://us02web.zoom.us/j/87690894111>, Meeting ID: 876 9089 4111 or by calling 1 (312) 626-6799.

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John Cashell

Town Planner for Town of Georgetown 9/6, 9/13

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By J. PETER ST. CLAIR, DMD

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DENTAL SEALANTS

Sealants are placed if that little sharp tool (dental explorer) doesn't stick in the tooth. The surface of the tooth is cleaned (to the best of the operator's ability) and the sealant is flowed into the grooves of the tooth and cured with an ultraviolet light.

Problem is, that dental explorer is not very accurate – about 57% according to studies I have seen. Detection shoots to over 90% accuracy with the aid of a laser. This type of laser sends a beam of light into the top of the tooth and measures density of tooth structure.

Are there teeth that get sealed that have decay? Yes. However, according to studies, sealing over minimal decay is clinically acceptable. These studies say that the sealant can actually stop or prevent the decay from progressing. Would you want that in your mouth? I wouldn't.

But that's not even the main problem. Once that sealant is placed, the laser detection tool is ineffective. You then have to rely on x-ray detection, which is also not very accurate, unless the decay is moderately large. I cannot tell you how many teeth I have done deep fillings on that had clinically acceptable sealants in place.

So, how does the decay get under the sealant? It was either there to begin with and grew, or the "seal" leaked. ALL dental restorations (some less than others) have a microscopic gap between the restoration and the

tooth that is constantly exposed to the oral environment. Over time, that gap becomes bigger, allowing bacteria in, which may potentially cause decay. So, my position is, why would you place a "restoration" on a seemingly healthy tooth?

A healthy diet, good home care, and regular professional care are the keys to dental decay prevention. So, do sealants prevent decay? They aid in not getting stuff stuck in the grooves of teeth which can cause decay, but they do not guarantee you won't get decay.

The technique used to place the sealant is crucial to its success. Having said that, I would rather have a healthy tooth remain restoration-free, and be able to be monitored it with a laser. If decay is detected early with the laser, the tooth can have a very conservative tooth-colored restoration. This can then be monitored clinically and by x-ray.

So, will I place sealants? Rarely. If I do, it's only after a discussion with the child's parents about the things discussed above.

Dr. St. Clair maintains a private dental practice in Rowley dedicated to health-centered family dentistry. He has a special interest in treating snoring, sleep apnea and TMJ problems. If there are certain topics you would like to see written about or questions you have please email them to him at jpstclair@stclairdmd.com

If you have kids, and you take them to the dentist, I am sure you have heard about sealants. Many, if not most dentists recommend dental sealants.

A dental sealant is a flowable resin, generally placed on permanent 6 and 12-year molars. It is placed in the grooves on the top of the teeth. Its purpose is to help prevent decay from forming in this area, which is the most common place for dental decay to occur. It does nothing in the prevention of decay between teeth, or on any of the other 20 teeth in the mouth – although the molars are generally the first teeth to decay.

Make sense so far? Now for the controversy. In my opinion, sealants have a very limited application. Let me take a step back and give you some information to help you see where I am coming from.

There are actually many different techniques to place sealants. The way we are taught in school, and the way most dentists determine if sealants are recommended, is how deep the grooves in the tooth are.

Seacoast Composite Squadron of Civil Air Patrol to Host an Open House



three primary missions of CAP: Search and Rescue, Aerospace Education, and Cadet Programs.

Among their many activities, CAP Cadets are eligible for 5 flights in powered aircraft, during which they will have the opportunity to fly the airplane with an instructor. They will also have 5 flights in a glider, where they will, again, have the opportunity for hands on flying with an instructor.

Cadets can also participate in areas such as Squadron Color Guard, drill team, ground team search and rescue, building and testing a wind tunnel, aerospace education, leadership pods, and many more things.

Senior members can participate as aircrew members, ground search team search and rescue team leaders, and in many more activities such as leading and teaching in Cadet Programs. If a Senior Member is already a certificated pilot, he/she can become qualified in one of CAP's Cessna 182 aircraft as a pilot performing CAP missions. CAP pilots also have opportunities to participate in glider flights.

There will be displays at the Open House showcasing the many areas in



which a CAP member may become involved, and many members of the Squadron will be present to show you their areas of expertise.

If you have an interest in aviation or in any of the other CAP activities, please be sure to come to our Open House on 14 September 2023.

For more information: www.seacoast.cap.gov



You are invited to come to the Seacoast Composite Squadron Open House on Thursday, 14 September 2023, beginning at 6:30 P.M., at the Service Credit Union, 3003 Lafayette Road, Portsmouth, NH.

Civil Air Patrol (CAP) is an all-volunteer auxiliary of the United States Air Force. The Portsmouth Squadron was founded in 1941 and is the longest continuously Operational CAP Squadron in New Hampshire. The Squadron meets on Thursday evenings on the Pease ANG Base.

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