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Wednesday March 29, 2023 Vol. 19, No. 22

FREE

Northeast Arc Raises \$3.2 million for the Disabled

By Ava Moeckel, Reporter

REGIONAL – Northeast Arc raised more than \$3.2 million in a three-year campaign for its Center for Linking Lives at Liberty Tree Mall in Danvers that serves individuals with autism and other disabilities.

More than 150 members of the Northeast Arc community gathered last week to celebrate the success of the fundraising campaign in a vacant retail space.

Josh Kraft, president of the New England Patriots Foundation, said the center is a perfect representation of Northeast Arc's impact on people with disabilities and their families.

"Northeast Arc has been serving our communities for nearly 70 years now, and the center is really the heart and soul of their efforts," Kraft said. "This is a place that not only promotes inclusion, but also gives hope and support to families."

Northeast Arc's president and CEO, Jo Ann Simons, thanked the donors who made the center a reality, particularly building it during the COVID-19 pandemic. "I want to recognize and thank our campaign committee who stuck by us when we decided to move forward with this project during the height of a global pandemic and financial uncertainty," Simons said.

Each day, hundreds of individuals receive support from the Center for Linking Lives. A main benefit is that it serves as a centralized meeting place for Northeast Arc's clients. Northeast Arc's programs are now more accessible than ever thanks to the center's location on public transportation routes and ample parking.

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Making Marine Corps Trucks More Efficient

By Stewart Lytle, Reporter



Andrew Amigo in front of the LVSR

Photo by Stewart Lytle

ROWLEY – If you have been surprised to see a 36-foot long, five-axle military truck hauling down Rte. 1 recently, don't worry. We are not being invaded.

It is the 60,000-pound Logistics Vehicle System Replacement (LVSR), a critical component in supplying the Marine Corps troops in hostile and extreme conditions.

The LVSR, designed and manufactured by Oshkosh Defense, is being retrofitted here by Blackburn Energy to add the capability of operating the vehicle's communications and air conditioning without idling the engine.

When driving the LVSR, "We get a lot of strange looks," said Andrew Amigo, Blackburn's CEO and founder. The students at the Clark School, Blackburn's neighbor, love to wave to him as he drives the giant LVSR past the school, he said.

The LVSR hauls a variety of battlefield supplies, including huge bladders of diesel fuel, to forward-deployed units. It can also act as a

tow truck for vehicles.

While sitting at a forward position in hostile territory, the retrofitted LVSR will also keep the two-Marine crew comfortable and in communication without having to idle its engine. That saves many gallons of very expensive diesel fuel.

Blackburn in partnership with Toyota Tsusho America, Inc. (TAI), is marketing the battery-driven system, known as RelGen, to the trucking industry. Its goal is to turn "all commercial vehicles into platforms that create, store, use and deliver clean energy."

Much like a Toyota Prius harnesses kinetic energy from the car to replenish its electric batteries, Blackburn's system captures wasted energy in large trucks. The energy is

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**Help Wanted
Ads - Page 7**

Banter Barbershop Continues Heritage of Hair

By Stewart Lytle, Reporter



From left, Ginny, Eric and Tom Eramo at Banter

Photo by Stewart Lytle

NEWBURYPORT – The barber shop has long been a gathering place for men to get a trim and a shave, but even more to see old friends, make new ones, catch up on the latest, and above all, talk.

Banter Barber and Clothier, as the name suggests, embraces that tradition on State Street here and takes it several steps further.

"We yuk it up a lot," said Eric Eramo, the affable young owner.

Eramo, having learned from his mother, Ginny Eramo, owner of the highly successful INTERLOCKS Salon on Merrimac Street, and father, Tom Eramo, who owned Visions, a beauty products supply distribution company, for almost three decades, said he was inspired to open the shop and continue the family tradition by his great grandfather, Maddie Stuto.

Stuto immigrated from Sicily to South Boston at age 15 in the 1920s. He trained as a barber and opened his own shop, where he met his wife, Ruth McCormack, who came in for a trim. Unhappy with the cut -- or so the family legend goes -- she returned to the shop for a redo and that second encounter kindled their romance.

Maddie's photo, working in his

South Boston shop, graces the back wall of his great grandson's four-chair shop. Stuto's portrait is also incorporated in the logo Eric had designed for Banter.

Banter took over the space on State Street, next to the Screening Room and Port Tavern, that was occupied for years by the popular antique shop, Flukes and Finds. It was not the first barbershop to rent the space. When the previous shop failed, Banter moved in at the end of July 2021 during the Pandemic.

In the last year, Banter at 80 State St. has more than doubled its business. On Friday late morning, all four chairs were filled, and there was a steady stream of customers, some dropping in for a chat, others for a trim and shave.

Banter is more than a barbershop. It is also a men's clothing store. Currently, as father Tom points out, the shop is selling golf shirts. "We have a lot of golfers" as clients, he said.

The atmosphere is that of a traditional gentlemen's club. The barber chairs are in the back of the shop. In front is comfortable furniture, plus a pool table, other

Continued on page 3

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How to Submit Letters to the Editor



Marc Maravalli, B.S., R.Ph.
Publisher/Editor, The Town Common

Letters to the Editor provide a useful way of communicating concerns, issues, or suggestions to all members of the community. The Town Common encourages all citizens to submit letters concerning issues of interest and concern to the local community. Letters selected for publication may be edited for length and clarity. Some letters may serve as a catalyst for other articles or coverage, and community leaders and agencies will be offered an opportunity to respond to letters concerning their areas of responsibility. All letters must be signed and include a daytime telephone number.

Letters may be submitted to:

The Editor
c/o The Town Common
77 Wethersfield St.
Rowley, MA 01969
or preferably via e-mail to:
editor@thetowncommon.com.

The Town Common deadline is 5pm Wednesday (except when a federal holiday necessitates an earlier deadline).

The Town Common serves the communities of the Upper North Shore of Mass. & Coastal New Hampshire and welcomes your participation. Send your Organization or Group Notices, Birth or Engagement Announcements, Photos, Articles and Letters to the Editor, by mail, phone, fax, or e-mail to: 77 Wethersfield St., Rowley, MA 01969 Phone: 978-432-9669 E-mail: news@thetowncommon.com

The Town Common

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In loving memory of
Liz Ichizawa, '04-05 Reporter (1956 - 2005)
Jim Wilson, '20-22 Publisher/Editor (1954-2022)

LEGAL NOTICE

ROWLEY CONSERVATION COMMISSION

In accordance with the Wetlands Protection Act, Mass. G.L. 131, section 40, as amended, and the Town of Rowley Wetlands Protection Bylaw, a public hearing will be held on Tuesday, March 28, 2023 at 7:45 PM via Remote Meeting to consider a Request for Determination of Applicability application filed by US Fish & Wildlife Service, for invasive plant control by mechanical and chemical techniques possibly within the Salt Marsh, Land Subject to Coastal Storm Flowage and the Great Marsh ACEC at multiple properties (see Rowley Landowners listing in office) owned by various personages (list in office) at land off Stackyard Rd., Patmos Rd., and various other locations in Rowley, MA.

Daniel Shinnick, Chair
Rowley Conservation Commission



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28 Tue	5:05	8.2	5:44	6.9	11:34	0.6	11:46	1.5	6:30	7:05	🌑
29 Wed	6:01	7.8	6:42	6.7			12:32	0.9	6:29	7:06	🌑
30 Thu	7:00	7.6	7:42	6.6	12:44	1.7	1:32	1.1	6:27	7:08	🌑
31 Fri	8:00	7.5	8:40	6.7	1:45	1.8	2:31	1.1	6:25	7:09	🌑
1 Sat	8:57	7.6	9:32	6.9	2:44	1.6	3:24	1.0	6:23	7:10	🌑
2 Sun	9:48	7.7	10:18	7.2	3:37	1.4	4:11	0.8	6:22	7:11	🌑
3 Mon	10:34	7.9	11:00	7.6	4:25	1.1	4:53	0.7	6:20	7:12	🌑
4 Tue	11:17	8.0	11:38	7.9	5:08	0.8	5:31	0.6	6:18	7:13	🌑

LEGAL NOTICE

PUBLIC INFORMATIONAL HEARING

Community Preservation Committee

Tuesday, April 4, 2023

The Georgetown Community Preservation Committee will hold a Public Informational Hearing on Tuesday, April 4, 2023 at 7:00 p.m. to provide the community with an opportunity to learn and comment about projects to be considered for funding by the voters of Georgetown at the May 2023 Annual and Special Town Meeting. The Hearing will be held remotely via Zoom. Join the Hearing at: <https://us02web.zoom.us/j/84146181201> Projects to be presented will be:

- Annual Reservations to the CPA Core Categories and Administrative Reservation
- Community Housing Category--Affordable Housing Trust Block Grant
- Historical Category --Town Records Preservation
- Recreational Category - Equal Access to American Legion Park
- Recreational Category - East Main Street Recreational Facility Electrification
- Recreational Category - American Legion Park Irrigation
- Historical Category - Town Hall Window Restoration and Preservation

If approved by the voters, these projects will be paid for with the funds available to Georgetown as defined in M.G.L Chapter 44B, the Community Preservation Act. For more information, visit the Community Preservation Website at <http://www.georgetownnpc.com>.

The Community Preservation Committee welcomes any questions and comments regarding these projects. If you are unable to participate in this meeting, please send your questions or comments to HlaCortiglia@georgetownma.gov.

The Community Preservation Committee would like to thank the residents of Georgetown for their continued support.

H. LaCortiglia,
Chair, Georgetown Community Preservation Committee

Join us for the 28th Annual Equine Expo & TackSale!



Hosted by Essex County Trail Association

Sat. April 22nd 9am – 3pm

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In the Arena Building, Route 1, Topsfield, MA

Making Marine Corps Trucks More Efficient

Continued from page 1

stored in battery packs and used to electrify trucks without the need for costly infrastructure.

The long-haul trucking industry uses Blackburn's system to power the air conditioning, lights, computer and TVs for drivers overnighting in their cab without idling the engine. Today, Amigo's system can power everything on a truck including the engine cooling fan, air conditioning and liftgates,

except the powertrain.

As a result, the RelGen system increases the mileage on trucks from an average of 6.5 gallons per mile to 10 gallons, Amigo said. Its battery packs also make the truck more efficient and profitable.

Once installed on trucks worldwide, Blackburn will reduce carbon dioxide emissions in the atmosphere more than any other green measure, Amigo said.

The Marine Corps through the

U.S. Defense Innovation Unit has contracted with Blackburn to make its fleet of LVSR vehicles cleaner and more efficient.

"Blackburn is uniquely suited to solve the most difficult vehicle electrification problems presented by customers with operational needs that require the continued use of diesel platforms," Amigo said.

Blackburn is retrofitting one LVSR to demonstrate next month its capabilities to the Marine Corps.

Banter Barbershop Continues Heritage of Hair

Continued from page 1

games, hair products and racks of clothing.

It may have been inevitable that Eric would join the family beauty and grooming business. Mother Ginny began learning cosmetology at 15 at the Medfield Vocational School. By 17, she was working full time.

In 1988, she opened INTERLOCKS – a name she liked because it was near the Merrimack River. The salon is consistently recognized for its excellence by Northshore Magazine, Boston Magazine and has been a 22-time

winner of the Salon Today's Top 200 Award.

She launched INTERLOCKS MedSpa + Wellness in 2017 to offer clinical services that reverse the signs of aging.

For seven years Eric pursued a career in the golf industry in Florida and Massachusetts. But soon he returned to his roots in Newburyport, in part because he missed Carlie Schena, a high school sweetheart, who is an INTERLOCKS buyer and daughter of Mindi Schena, owns the boutique salon, Mindi's Midtown. Eric and Carlie plan to marry in July.

He began learning the beauty business as mother's retail manager, helping INTERLOCKS source and market products. That part of Ginny's business has grown to \$1 million a year in sales.

The family heritage of hair and beauty in the city is extensive. Eric's sister, Jordan Becker, now heads INTERLOCKS as the salon's chief visionary, the equivalent of its CEO.

Tom, who has a gift for banter, comes to work daily at the shop, complaining that he can't keep up with his son, who "pays me too well."

Aftermath: Fast Fashion and Textile Waste

Thursday, April 6, 7PM via Zoom

Did you know that Americans throw out more than 34 billion pounds of used textiles per year? Dr. Julia DeVoy will trace the current state of textile waste in the United States, its global public health impacts, and associated issues of environmental injustice. Guided by the perspectives of Matilda Larrey, an artisan and environmental activist in Ghana and in dialogue with the audience, she will explore solutions to textile waste and its environmental health effects, including what changes individuals can make to reduce their environmental impact and more importantly the state, national, and international policies that are needed to regulate discarded textiles and contribute to systemic change in the fashion industry.

Registration is required for this Zoom program. To sign up to watch from home, visit the Rowley Public Library web site at www.rowleylibrary.org/calendar. You will receive an email with the Zoom link.

Northeast Arc

Continued from page 1

"The Center is notable because of how Northeast Arc repurposed community space that was not being well used," said Darcy Immerman, chair of the Arc board of directors. "Nowhere else in the country has a nonprofit organization had the creativity and drive to reimagine a vacant retail location during the height of a pandemic as a purpose-built community center that creates opportunities for people in their everyday lives."

Ralph James, a contributor, said Arc has a tradition of innovation and making ideas happen. "To see that they've taken something that was just an idea three years ago and turned it into this space with great impact and power is incredible," James said.

Major contributors to the campaign included the Ardis and Robert James Foundation, Janice and Ralph James, Steven Rosenthal, RoAnn Costin and Doug Flutie, Jr. Other contributors were the Eastern Bank Foundation, the English Family Foundation, the Kraft Family Foundation, PLAN of MA & RI, the Yawkey Foundation and the Commonwealth of Massachusetts.




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12 Noon Children's Matinee Johnny	1:00 Major Motion Picture Jesus	3:00 I Can Only Imagine	11 AM Children's Matinee Johnny	12 Noon Children's Matinee Johnny	1:00 Major Motion Picture Jesus
2:00 I Can Only Imagine	3:00 Jerusalem Countdown	5:30 Jerusalem Countdown	1:00 Major Motion Picture Jesus	2:00 Jerusalem Countdown	3:30 I Can Only Imagine
3:00 Sabina, Tortured for Christ	5:15 I Can Only Imagine	7:30 Sabina, Tortured for Christ	2:45 I Can Only Imagine	3:30 MindReader	4:15 Sabina, Tortured for Christ
5:15 Jerusalem Countdown	6:00 Sabina, Tortured for Christ		4:00 Sabina, Tortured for Christ	4:30 I Can Only Imagine	6:30 MindReader
7:30 Sabina, Tortured for Christ	7:30 MindReader		6:30 MindReader	7:00 Sabina, Tortured for Christ	
			8:30 Sabina, Tortured for Christ		

For the complete movie schedule go to,
www.ChristianFilmProductions.org or,
VisionMaxCinema.com

Please arrive 15 minutes before showtime

For more information go to:
[Christian Film Productions.org](http://ChristianFilmProductions.org)
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"Sharing the Gospel worldwide through film"

Facebook.com/ChristianFilmProductions

FREE ADMISSION TO ALL FILM FESTIVAL SHOWS

Come join us!!

Annual Spring Formal

April 15th @ Newburyport City Hall

Doors open at 4:30pm
Dinner and cash bar
Tickets: \$45
advanced purchase



Clyde Bisbee and the Wheelhouse Revelers and Compaq Big Band

More information at northshoreswing.com

Merrimack Valley Christian Film Festival is Returning!

Over the years, the Merrimack Valley Christian Film Festival had the opportunity to show many “new releases” including Facing the Giants, End of the Spear, Courageous, Left Behind, and many more. Special guest appearances were made by actors and producers including David AR White, Kevin Downes, Gavin MacLeod, Joe Manno, plus athletes like New England Patriots’ Don Davis and Ben Watson, and professional wrestler Sting. The festival was held each year from Palm Sunday through Easter Sunday. The Merrimack Valley Christian Film Festival took place during Easter week at the Showcase Cinemas in South Lawrence for over 20 years until it permanently closed down years ago and as a result the festival came to an end.

Attendance had averaged between ten to twelve thousand people. Many churches from Greater Boston, the North Shore, Southern New Hampshire, and every area in between, promoted and supported the Merrimack Valley Christian Film Festival.

Admission to the festival continue to be free of charge. Christian film producers and directors would tell you that our film festival ministry was actually a catalyst for the production and release of their movies into major theaters. Such motion pictures included: War Room, I Still Believe, I Can Only Imagine, American Underdog, and many others.

Now, this April, the Merrimack Valley Christian Film Festival will be returning to Vision Max Cinema in Salisbury, located at 201 Elm Street, which is also Route 110, in Salisbury, MA.

Opening dates of the festival are Saturday, April 1, and Palm Sunday, April 2. It will then continue Thursday, April 6, through Easter Sunday, April 9.

Featured films include the new motion picture and true story from Voice of the Martyrs, “Sabina, Tortured for Christ.” Five additional films will be shown including the major motion picture “Jesus,” the most watched movie in history.

Admission will be free to all shows. For the entire movie schedule, please go to www.ChristianFilmProductions.org or to the Vision Max Cinema of Salisbury, MA website: visionmaxcinema.com



Health & Wellness



By J. PETER ST. CLAIR, DMD

Brighter Smiles...

INTRO TO ADULT SLEEP

Sleep plays a vital role in good health and well-being throughout our lives. The way you feel while you're awake depends in part on what happens while you're sleeping.

Sleep helps your brain work properly. Studies show that a good night's sleep improves learning. Studies also show that sleep deficiency may cause you to have trouble making decisions, solving problems, controlling your emotions and behavior, and coping with change.

Sleep plays an important role in your physical health. For example, sleep is involved in healing and repair of your heart and blood vessels. Ongoing sleep deficiency is linked to an increased risk of heart disease, kidney disease, high blood pressure, diabetes, stroke, sexual dysfunction, ADHD, obesity and depression.

Sleep issues can affect the young, the old and everyone in between. The many changes that take place in our bodies as we age can increase the risk of sleep disorders.

Sleep apnea is one of many sleep disorders. It is a serious, potentially life-threatening sleep disorder that affects approximately 18 million Americans. It comes from the Greek meaning of apnea which means "want of breath". People with sleep apnea have episodes in which they stop breathing for 10 seconds or more during sleep.

People with sleep apnea usually do not remember waking up during the night. Some of the potential

problems may include morning headaches, excessive daytime sleepiness, irritability and impaired mental or emotional functioning, excessive snoring, choking/gasping during sleep, insomnia, or awakening with a dry mouth or throat.

Some simple questions to ask yourself are: Have you been told that you snore?

Do you often feel tired, fatigued, or sleepy during daytime?

Has anyone ever told you that you stop breathing while you were asleep – or- Have you ever woken yourself up with a gasp?

Do you have high blood pressure or are you on more than one medication to control high blood pressure?

Is your body mass index greater than 28?

Are you a male with a neck circumference greater than 17 inches or a female greater than 16 inches?

If you answered yes to more than two of these questions, or if there is anything else in this column that makes you believe you may not be getting the quality of sleep you would like, please discuss these with your physician.

Dr. St. Clair maintains a private dental practice in Rowley dedicated to health-centered family dentistry. He has a special interest in treating snoring, sleep apnea and TMJ problems. If there are certain topics you would like to see written about or questions you have please email them to him at jpstclair@stclairdmd.com

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Ipswich BoH to Review Management Practice Plan for Mosquito Control

IPSWICH — The Ipswich Board of Health invites the community to attend a meeting on April 3 and provide feedback about mosquito control efforts in the coming year.

The Town is a member of the Northeast Massachusetts Mosquito Control and Wetlands Management District (NEMMC), which creates a Best Management Practice Plan for each of its 32 member communities.

The Board of Health will review and vote whether to adopt the Best Management Practice Plan for 2023 as drafted, at its meeting on Monday, April 3, beginning at 5:30 p.m. in Town Hall Room C.

The draft plan may be reviewed at https://jgpr.net/wp-content/uploads/2023/03/2023_BMP_Ipwh_Draft.pdf

NEMMC conducts mosquito control and surveillance from the middle of the spring until the beginning of the fall. This includes weekly collection of mosquitos from surveillance traps from late May through early October. Surveillance

traps provide data regarding mosquito population density and diversity, and allow the NEMMC to determine the dominant human-biting mosquitoes and potential disease vectors in local mosquitoes.

Infected mosquitos can spread several diseases, most notably West Nile virus.

The primary focus of control efforts in Ipswich are on freshwater larviciding, catch basin treatments, adult mosquito surveillance and testing, aerial larviciding of the salt

marsh mosquitoes, and adulticiding.

"Community engagement and feedback are crucial to the Board's success in shaping this plan for the coming year," Public Health Director Colleen Fermon said. "Any interested residents are encouraged to attend this meeting and share their thoughts."

For more information on the Northeast Massachusetts Mosquito Control and Wetlands Management District, visit <https://www.nemassmosquito.org/>

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73069244	SLD	77 Bennett Hill Rd	Rowley, MA	AC1087	Detached	3	719000	725000
73073051	SLD	15 Perkins Circle	Topsfield, MA	AN6886	Detached	4	829000	880000
73078900	SLD	85 Trowbridge Circle	Rowley, MA	AN6226	Detached	3	952500	975000
73066799	SLD	97 North Street	Topsfield, MA	AN6056	Detached	3	1098000	1015000
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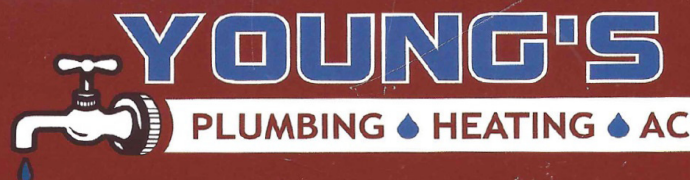


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