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Wednesday February 15, 2023 Vol. 19, No. 16

Trade Alan Truck Stop To Be Redeveloped

By Stewart Lytle, Reporter



Photo provided by Google Maps

Trader Alan's site today as seen from an aerial view.

With an Old Truck Stop? The things I did after taking city of Amesbury is taking the next step to find out.

It is asking for proposals from private developers for how best to redevelop the once popular Trader Alan's Truck Stop on Pond View Avenue near Interstate 495. The almost 7-acre site is adjacent to the city's solar field and across the street from townhomes in the Village at Bailey's Pond.

Abandoned since the 1990s and seized by the city through tax foreclosure in 2001, the site once was an active place where travelers and locals could grab a meal, spend the night or get your car or truck filled with gas or repaired.

City officials now hope the old truck stop could become a new hub of commercial activity.

AMESBURY - What To Do surplus was one of the first office," Mayor Kassandra Gove said in a statement. "It's an important parcel for redevelopment, the integrity of the neighborhood and for our commercial growth as a community.

"We need to expand our capacity for commercial growth and have very few options to do so. I'm hopeful we receive responses that work for us and look forward to continuing this process."

The 6.8-acre truck stop at 21 Pond View Ave. is zoned for an office park. Although it was once a gas station, an assessment found that the site has no environmental limitations.

After 18 months of studying the site, the city's Disposition Committee, headed by

Newbury Town Hall Fight | Rotary Gives

By Stewart Lytle, Reporter



Photo by Stewart Lytle

The current Newbury Town Hall, Rt. 1A, Newbury, MA

heating to a boil here this earned tax dollars to better spring with an upcoming Town Meeting on April 25 where residents are expected to spar over the proposed new, multimillion-dollar Town Hall.

The Board of Selectmen election will follow on May 9 where two seats will be filled.

Three former and current Selectmen wrote a public letter last week that called on residents to vote against the proposed "campus" town hall that may cost between \$11 million and \$14 million.

Former Select Board members Dr. Vincent Russo and Michael Doyle joined Geraldine Heavey, who announced she will run again for the Select Board, wrote: "It is no surprise that the town employees want you to lock in the funding for their new offices before they ask for money for our kids and fire protection."

They urged Town Meeting members to vote for keeping the town offices at Kent Way Scott Kelley and Adrienne off Interstate 95, which "can be Continued on page 3 | done with little or no impact to

NEWBURY - Politics are our taxes" and put "our harduse to meet our public safety and our children's education needs."

> The town, through its Municipal Building Committee, has been moving forward with plans to create a new municipal campus on the site of the former Town Hall building, fire station and police station.

> The much-needed new police station has been completed. The town is considering constructing a new fire station.

The Select Board election is likely to be highly contested with feelings running high in town or social media sites about the future direction the town will take.

Heavey, an attorney, who was elected in 2019 with the highest vote that year for a select person, said she is not running for reelection "because I am tired of being treated like a mushroom."

She wrote that her term on the Select Board has been challenging, "more challenging Continued on page 3 | required.

Horseback Riding Scholarship

By Ava Moeckel, Reporter

individual disabilities will be able to have horseback riding lessons this spring thanks to a scholarship awarded by Rotary Club of Ipswich-Rowley and Windrush Farm in North Andover.

Any disabled adult, at least 18 years old and under 185 pounds, who lives in Ipswich or Rowley, was eligible for the scholarship. The winner will be chosen from essays submitted on why he or she wants to participate in therapeutic riding lessons at Windrush Farm.

Children, adolescents, and adults facing physical, cognitive or emotional challenges can receive quality equine-assisted services at Windrush Farm, which was founded in 1964. Therapeutic riding, unmounted programs and other horse-related services are available.

"We're so excited to welcome an Ipswich or Rowley resident to the farm through this scholarship," Windrush Farm CEO Janet "We're Nittmann said. looking forward to spring, which is a beautiful time of the year at the farm. The timing couldn't be better, and Rotary is about to give someone an unforgettable life experience."

The riding lessons will be conducted in groups, and a physician's statement is



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How to Submit Letters to the Editor



Marc Maravalli, B.S., R.Ph. Publisher/Editor, The Town Common

Letters to the Editor provide a useful way of communicating concerns, issues, or suggestions to all members of the community.

The Town Common encourages all citizens to submit letters concerning issues of interest and concern to the local community.

Letters selected for publication may be edited for length and clarity. Some letters may serve as a catalyst for other articles or coverage, and community leaders and agencies will be offered an opportunity to respond to letters concerning their areas of responsibility.

All letters must be signed and include a daytime telephone number.

Letters may be submitted to:

The Editor c/o The Town Common 77 Wethersfield St. Rowley, MA 01969 or preferably via e-mail to: editor@thetowncommon.com.

The Town Common deadline is 5pm Wednesday (except when a federal holiday necessitates an earlier deadline).

The Town Common serves the communities of the Upper North Shore of Mass. & Coastal New Hampshire and

welcomes your participation. Send your Organization or Group Notices, Birth or Engagement Announcements, Photos, Articles and Letters to the Editor, by mail, phone, fax, or e-mail to: 77 Wethersfield St., Rowley, MA 01969

Phone: 978-432-9669 E-mail: news@thetowncommon.com

The Town Common

Marc Maravalli, Founding Publisher / Editor

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In loving memory of

Liz Ichizawa, '04-05 Reporter (1956 - 2005) Jim Wilson, '20-22 Publisher/Editor (1954-2022)



Letters To The Editor

Kristin Kassner Update

It's the end of my first full week as your duly elected State Rep, and it has certainly been a whirlwind. I wanted to share with you what we accomplished this week:

After a long wait, last Friday I was sworn in by Governor Maura Healey. It was wonderful to have my husband, son, family and friends with me, as well as Lt. Governor Kim Driscoll and a welcoming committee of my new colleagues, led by my old friend Rep. Ken Gordon.

Monday we hit the ground running, with a Regional Housing briefing, followed by a meeting convened by Congressman Seth Moulton with the other newly elected State Reps from Essex County.

Monday night I met with the Topsfield Select Board and Town Manager, along with Senators Bruce Tarr and Joan Lovely, Rep. Sally Kerans, with whom I share Topsfield, and former 4th Essex State Rep Jamie Belsito. We are in the process in setting up meetings with the Town Managers and Select Boards in Georgetown, Rowley, Newbury, Ipswich and Hamilton.

Tuesday we were back in the State House for a very special event, Wear Red for Women, which brings awareness to the fact that heart disease is the #1 killer of women in this country. My colleagues and I learned about the 2 most important steps in saving lives during a heart

While in the State House, I also found the House Business Office, the office of the Massachusetts Caucus of Women Legislators, and the all-important mail room run by the friendly and fabulous Tito

We ended Tuesday back in district, with a meeting of a wonderful community coalition advocating for the Georgetown Youth Community

Wednesday was full of meetings and phone calls to work on the bills that I will be filing. I am focusing on water, infrastructure, and economic development.

Wednesday night I enjoyed the Hamilton-Wenham LWV Volunteer Fair at the Community House. Our towns are fortunate to have so many dedicated volunteers addressing a variety of issues. It was energizing to see everyone!

Thursday I continued to meet with advocates and work on legislation.

Friday I met with Stephen Crane, the Ipswich Town Manager to discuss budget priorities. Then I met with Ipswich River Watershed Association Executive Director Wayne Castonguay to learn more about ongoing efforts to protect the river ecosystem that provides the water supply to 13 communities.

As much as we accomplished this week, there is still so much to do. I plan to keep you informed about our progress regularly. In the meantime, if you have any questions, or staterelated issues that I can help with, please reach out to my office. My legislative aide, Christina Eckert, or I will be happy to assist you!

We will be setting up office hours soon; stay tuned!

This cannot be said often enough: thank you for coming on this journey with me, and thank you for all of your support along the way.

Best,

Kristin E. Kassner Kristin.Kassner@mahouse.gov

The Carr-Petrova Duo to perform "HERS," a program of works by female composers



Violinist Molly Carr (l) and pianist Anna Petrova (r)

The Carr-Petrova Duo featuring and Sala Clemente in Valencia. violinist Molly Carr and pianist Anna Petrova will perform "HERS," a program made up entirely of works by female composers, on Sunday, Feb. 19, at 4 p.m. at the Unitarian Church, 26 Pleasant St., Newburyport. This will be the first of three concerts in the 2023 Jean C. Wilson Music Series. The concerts will be both presented online and

Through music and storytelling, the Carr-Petrova Duo will lead the audience through the inspirations, battles, and incredible accomplishments of eight fearless women - from the 13th century's Hildegard Von Bingen to today's Beyoncé. The due will invite audiences to share in the centuries of heartbreak, struggles, and triumphs that make up the female experience.

Carr and Petrova began playing together during their years at the Juilliard School and the Manhattan School of Music. They have since performed together across Europe, the Middle East and North America, in venues ranging from Lincoln Center to soup kitchens in New Orleans and schools in Gaza. Recent season highlights include a Carnegie Hall debut, praised by the Classical Post as "categorically astonishing in its beauty, ensemble, artistry, quality of sound, and almost uncanny ability to draw into the music." Other recitals have been at the Smithsonian Museum, Jerusalem Music Center, Malaga's Sociedad Filarmonica Chamber Music Series, 0602 x401.

Their future engagements include a tour of China and performances and masterclasses in Spain, Israel, Italy and the US.

The 2023 Wilson Series will continue with organist Wesley Hall on March 5, presenting a program featuring works of three composers Dieterich Buxtehude, Connor Chee, and Robert Schumann. Then on March 26 the Arpeggione Ensemble Members will be offering "The Salon of Anna Amalia," celebrating the music and influence of the Prussian princess with works by Anna Amalia, C.P.E. Bach, and Mozart.

The Jean C. Wilson Music Series is named for one of the founders and the director of the music series for 28 years. In the beginning, the First Religious Society's chamber music series was designed to be a relief from the dark and grinding New England winter, a time when there was little music being presented in Newburyport.

For many years now under the banner of the Jean C. Wilson Music Series has continued in that aim: to bring light into darkness. Now, under the auspices of the First Religious Society Unitarian Universalist Church, the Music Series typically offers three or four concerts held during the winter months.

Suggested donations are \$20, \$10 for seniors, children and students free. For more information about the concert go to frsuu.org/jeanwilson-music-series or call 978-465-

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Г	16	Thu	7:25	8.5	8:08	7.1	1:06	1.0	2:00	0.0	6:37	5:17	0
	17	Fri	8:26	8.9	9:07	7.4	2:08	0.8	2:59	-0.4	6:36	5:18	
	18	Sat	9:24	9.3	10:02	7.9	3:07	0.4	3:54	-0.7	6:34	5:19	
	19	Sun	10:19	9.6	10:55	8.3	4:03	0.0	4:47	-1.0	6:33	5:21	
	20	Mon	11:12	9.7	11:45	8.7	4:58	-0.4	5:36	-1.2	6:31	5:22	
	21	Tue			12:03	9.7	5:51	-0.7	6:23	-1.3	6:30	5:23	

LEGAL NOTICE NOTICE OF PUBLIC SALE

Notice is hereby given by Newburyport Towing Service, Inc. 27 S. Hunt Road, Amesbury, MA, pursuant to the provisions of Mass G.L c. 255, Section 39A, that they will auction the following vehicles February 23, 2023 on the website http://sta.ibidsmart. com. The auction will end at 1:00 pm and buyer registration is required. Those that do not sell at auction will be sold on or after February 23, 2023 by private or public sale to satisfy their garage keepers liens for towing, storage, and notices of sale:

- 1. 2000 Lincoln Town Car VIN 1LNHM82W2YY762570
- 2. 2014 Honda Civic VIN 19XFB2F81EE233767
- 3. 2000 Acura TL VIN 19UUA5668YA058078

Vehicles are being stored at Newburyport Towing Service and may be viewed by appointment only.

Walter L. Lowell 2/8, 2/15, 2/22

Trade Alan Truck Stop To Be Redeveloped



Trader Alan's site today as seen from Pond View Ave. in Amesbury.

Continued from page 1

Lennon, would like to see an engineering or technical as a Brownfield under state business locate there.

Examples might robotics, artificial intelligence and medical pharmaceutical research and development.

The site is conveniently located to I-495, making it environmental assessments

ideal for truck deliveries.

"This property is identified and federal definitions and be has been mostly remediated through the removal of underground storage tanks from the former fueling station. According to the that have been completed, there are no foreseen limitations for the future use of this property," the request for proposals stated.

Photo by Stewart Lytle

Proposals are due at the Office of Community and Economic Development, 39 South Hunt Road, by noon March 27.

Newbury Town Hall Fight

Continued from page 1

than my 14 years on the Melrose despite 11 strong personalities, we all treated each other with civility, respect and inclusivity; more challenging than my time Court as supervising attorney

for the public defenders' office, administration." where opposing counsel did not or hide them. In Roxbury I saw advocacy without animosity or it turning personal."

She wrote that she hoped working in Roxbury District her successor would not be a "rubber stamp for the town's

"I hope while on the board," Board of Aldermen where play legal games with the facts she wrote, "I have asked the questions that needed to be asked and in so doing have given some transparency to the issues and shed some light onto the dark places that exist within

February Vacation Events at Bradley Palmer State Park

Bradley Palmer State Park is located at 40 Asbury St. in Topsfield. All programs are free and open to the public. Reasonable accommodations upon request. Adults must accompany children. For outdoor events wear appropriate shoes, dress warmly for the weather. Bring water. Inclement weather cancels outdoor events. For more information call (978) 887-5931. https://www.mass.gov/locations/bradley-palmer-state-park. Please follow all current COVID guidelines. Visit Mass.gov/COVID.

Whoooo lives in the Woods? Tuesday, February 21, 2023 5:00 – 7:00 p.m. - Owls are fascinating birds that are well adapted to their night existence. Discover more about these creatures of our surrounding woods and become an owl hooter! There will be a short presentation about owls in our area, followed by an owl hooting experience. Appropriate for children $5\,$ years +. Rain/snow cancels. Please dress warmly for the weather, as we will spend half of this program outside. Program will start in the Nature Center near the main parking lot. Pre-registration required: Please email Barbara. buls@mass.gov to pre-register. Call 617-828-1728 for more information.

LEGAL NOTICE - ABUTTERS NOTICE

The Groveland Conservation Commission will hold a public hearing at the Groveland Town Hall, 183 Main St, Groveland, MA. on March 8, 2023 at 7:30pm to consider a Groveland NOI regarding Restoration work consistent with a DEP ACOP at 104 King Street in Groveland. A copy of the application can be viewed by visiting the Groveland Conservation Commission office at Groveland Town Hall, 183 Main St, Groveland, MA.

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Works of Local Photographer Peter Neverette at Rowley Public Library



Local artist Neverette has lived painter by trade, he's a photographer by compulsive passion. goes anywhere without the possibility immortalizing moment of poignance or beauty is what makes traveling worth it, even just to the grocery three years Peter has amassed a tremendous library of pictures and take action, to test them out publicly, and try to Rowley.

Peter change his future. And what better place to in Rowley for almost begin than the Rowley eight years. A house Library, a mile down the road from where he

All works are for sale. The display will be up through February at the his Nikon, believing Rowley Public Library, of 141 Main Street in a Rowley. For more information, call 978-948-2850.

If you are an artist, or have a hobby or interest store. Across the last you'd like to share with the community, please give us a call at 978-948-2850. The Rowley has finally decided to Public Library is located at 141 Main Street in

Sports · Sports · Sport

Boys Basketball Pictures - Newburyport/Triton



Top Left O'Leary paced Triton with thirteen points.

Lower Sophomore Ben Coreau scored twentyone points to lead all scorers.

Lower Right - Griff Dupuis (Triton) and Connor Spinney (Newburyport) chase a loose ball.

Photos provided by Peter McClelland





Health & Wellness 🔮



By J. Peter St. Clair, DMD

About ten years ago I took a weekend course at Tufts University School of Dental Medicine entitled "Sleep Dentistry". This was not a course in putting patients to sleep for their dental work. This particular course was an introduction to treating who had been diagnosed with sleep apnea (a sleep breathing disorder) by a medical doctor, and could not (or would not) use the dreaded CPAP machine.

CPAP, which stands for Continuous Positive Airway a mini-residency program Pressure, is a facial mask at Tufts for 8 months. This which blows air through the nose to create an "air stent" to basically hold the airway on the science behind the open during sleep. It is the disease. The program was gold standard of treating sleep apnea and works well for many people, but not

have been diagnosed with a breathing is decreased by a significant percentage for more than 10 seconds multiple times an hour. Most people know someone who has been diagnosed with this disease and either use a CPAP machine, or cannot use it.

The "sleep dentistry" for those who have been diagnosed with sleep apnea that was slowly (or not so and cannot use the CPAP slowly) killing them. machine, the next line of defense is a dental device. This is worn at night to hold

Brighter Smiles...

BREATHING IS IMPORTANT - PART 1

back during sleep. Holding the lower jaw (mandible) forward helps to prevent the tongue from falling back in the mouth during sleep and obstructing the airway.

I was excited about this course I had taken at Tufts, and thought that I was going to start treating all these people I heard about who were not able to tolerate or didn't want to use CPAP. The problem I found was that sleep apnea needed a medical diagnosis, which meant that patients had to have already ĥad a sleep study with a physician, have failure in the use of CPAP, and then somehow find their way to my office. I was frustrated. I wasn't treating that many patients, but knew (or at least thought), I must need more education.

So, in 2017 I enrolled in was a much more intensive program with heavy emphasis great and I felt I had now figured it out".

was much more knowledgeable about things Patients with sleep apnea to look for in patients, and was referring many progressive disease in which patients to physicians to be evaluated. Some patients would end up having a sleep study, be diagnosed with sleep apnea, go on CPAP, and then come back to my office and say, literally, "you changed my life." There is no greater feeling than that. Even though I didn't get to treat them with my fancy part of the equation is that dental appliance, they were being treated for a disease

There were also those patients who had the sleep study, were diagnosed with the lower jaw slightly forward sleep apnea, were not able to and not allow the jaw to fall (or didn't want to) use CPAP

and were referred back to me for dental appliance therapy. Great!!! However, I quickly became frustrated again. Far too many patients, with classic symptoms such as snoring and daytime fatigue, were returning to me, saying they had a sleep study that showed they did not have apnea. Now what?

I'm a dentist, not a physician. Sleep problems are medical problems. And, although I knew that many of these patients may have sleep issues that were out of my control as a dentist (there are over 100 sleep disorders), many of these patients had dental signs such as wear on their teeth, grinding and/or clenching problems, TMJ pain, and other anatomic issues that I had learned about that were likely related to breathing problems. So, what did I do? I decided I needed more education. ...continued next week

Dr. St. Clair maintains a private dental practice in Rowley dedicated to healthcentered family dentistry. He has a special interest in treating snoring, sleep apnea and TMJ problems. If there are certain topics you would like to see written about or questions you have please email them to him at jpstclair@stclairdmd.com

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Weekly SUDO

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Challenging BOY! WEEK: 9 9 1 ***** THIS *** * *** © 2023 King Moderate FFICULTY



ARIES (March 21 to April 19) A hectic period begins to wind down. Take time to draw some deep breaths and relax before getting into your next project. A long-absent family member could make contact as well.

TAURUS (April 20 to May 20) You're eager to move forward with a new challenge that suddenly dropped into your lap. But you'd be wise to take this one step at a time, to allow new developments to come through.

GEMINI (May 21 to June 20) You're almost ready to make a commitment. A lingering doubt or two, however, should be resolved before you move ahead. An associate could provide important answers to your questions.

CANCER (June 21 to July 22) Caution is still the watchword as you move closer toward a decision about a new situation. If you act too fast, you might miss some vital warning signs. Go slowly and stay alert.

LEO (July 23 to August 22) Your new goal looks promising, and your golden touch does much to enhance its prospects for success. In your private life, Cupid does his best to make your new relationship special.

VIRGO (August 23 to September 22) That impatient side of yours is looking to goad you into moving before you're ready to take that big step. Stay calm and cool. Let things

LIBRA (September 23 to October 22) A legal matter you hoped would finally be settled could be a pesky problem for a while until all the parties agree to stop disagreeing with each other. Be patient.

SCORPIO (October 23 to November 21) Partnerships — personal or professional — which began before the new year take on new importance. They also reveal some previously hidden risks. So, be warned.

SAGITTARIUS (November 22 to December 21) Your associates are firmly on your side, and that persistent problem causing you to delay some activities should soon be resolved to your satisfaction.

CAPRICORN (December 22 to January 19) Favorable changes continue to dominate, and you should be responding positively as they emerge. Someone wants to become more involved in what you're doing.

AQUARIUS (January 20 to February 18) A friend wants to share a secret that could answer some questions you've wondered about for a long time. Meanwhile, travel aspects continue to be strong.

PISCES (February 19 to March 20) Stay on your new course despite so-called well-meaning efforts to discourage you. Rely on your deep sense of self-awareness to guide you to do what's right for you.

BORN THIS WEEK: You have the capacity to meet challenges that others might find overwhelming and turn them into successful ventures.

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San Francisco

36 Disney frame **37** FedEx rival 37 FedEX riva 38 Layers 39 Healed a fictional prince of Denmark?

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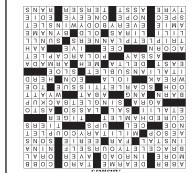
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Industrial Maintenance Position Steel Fabrication Plant, Rowley, MA

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The primary responsibilities for this position are as follows:

- Perform a variety of activities related to repair and maintenance of physical plant including but not limited to electrical, plumbing, carpentry, painting, hydraulics and pneumatics
- Perform preventive/predictive maintenance to fabrication machinery per requirements
- Analyze and solve electrical and mechanical problems
- Assist with snow removal, plowing, sanding, shoveling, etc.

Requirements:

- Technical institution diploma or equivalent training
- Minimum 3 years experience is preferred in the maintenance of industrial machine repairs, and specifically fabrication equipment, overhead cranes, etc.
- Scissor Lift, Boom Lift, Forklift, Hydraulics certifications a plus
- Ability to read, comprehend and work from technical documents, blueprints and electrical schematics
- Valid driver's license, CDL a plus
- Must have reliable transportation
- Must be eligible to work in the U.S. without sponsorship



Capone Iron Corporation offers competitive pay, a safe work environment, uniforms with weekly cleaning service, paid holidays, PTO, healthcare, dental and vision coverages, and 401K Retirement Savings. Interested candidates may come to 20 Turcotte Memorial Drive, Rowley Massachusetts to fill out an application. Alternatively, they may email inquiries to careers@caponeiron.com

<u>Help Wanted</u>

Capone Iron Corporation is a structural steel fabricator located in Rowley, MA We are hiring for the following positions. Please visit our website for more detailed information at www.caponeiron.com

Structural Steel and/or Miscellaneous Metals Welder/Fitter

- Layout steel/misc metals assembly per shop drawings
- Able to read and interpret fabrication drawings
- Working knowledge of welding machine operation
- Able to consistently produce quality welds including SMAW, FCAW, GMAW, STUD

CNC Machine Operator

- 1-3 years experience operating industrial CNC machines
- Familiar with steel shapes
- Able to operate overhead cranes
- Able to read and interpret fabrication drawings

Shipping Loader/Industrial Painter

- Experienced in fixed mast forklift and yard horse for loading and movement of flatbed trailers
- Knowledge of equipment weight hoisting limitations
- Preparing various steel parts for painting (cleaning, grinding, etc.)
- Able to prepare/mix paint and solvents per manufacturer/job specifications
- Åble to safely operate airless spray units and a variety of power tools

The following is required in order to be considered for any of these positions:

- Able to use overhead crane system
- Familiarity with various steel shapes is a plus
- Comfortable with using technology in a paperless environment
- Good communication skills, including the ability to read and speak English fluently
- Must have reliable transportation to work
- Able to work in the U.S. without sponsorship



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